Meaning Of Life



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Gemma Ridyard (UK) - November 2017

Musique: Meaning of Life - Kelly Clarkson



(2 Restarts on walls 3 & 6 - Tag at the end of wall 7)

Step Sweep And Weave, Cross Rock & Cross Unwind, 2x Runs Pivot, Triple Full Turn Forward

1 Step RF forward as you sweep LF from back to front

2&a3 cross LF in front of RF, step RF to R side, cross LF behind RF, step RF to R side

4&a5 cross rock LF ov RF, replace weight to RF, step LF to L side angle body to 10,30, cross RF

over LF unwinding 1/2 a turn L keeping weigh back on RF (5.30)

6a7 step LF forward (5.30), close RF next to LF, step LF forward making a pivot 1/2 turn R

keeping weight back on LF (10.30)

step RF forward, make 1/2 a turn R stepping LF back, make 1/2 a turn R stepping RF forward

(10.30)

2x Walks, Jazz Box Cross, Swivel Swivel, Mambo Forward, Run Back

step LF forward, step RF forward sweeping LF from back to front cross LF over RF, step RF back, step LF to L side, cross RF over LF

unwind 1/2 a turn LF transferring weight to LF, unwind 1/2 a turn R transferring weigh to RF

7&8a rock LF forward, replace weight to RF, step LF back, step RF back

Reverse Body Roll, Pivot 1/2 Turn, 2 X Twinkles Forward, Cross Unwind 1/2, R Cross Shuffle

1 2	step LF	back as you լ	oush hip back	s beginning a revers	e body roll, fir	nishing the roll weight

remains on LF (optional styling bringing both hands to R hand crossed under LF)

3 4 step RF forward, pivot 1/2 a turn L keeping weight back on RF (5.30) (optional styling as

finish the pivot drop you arms to waist height with elbows bent and hands splayed) cross LF over RF, rock RF to R side, replace weight to LF

6&a cross RF over LF, rock LF to L side, replace weight to RF

7 cross LF over RF unwinding 1/2 a turn R weight stays back on L foot (10.30) (optional styling

as you cross shoot both arms forward from hip height palms down)

8&a still facing 10.30 cross RF over LF, step LF to L side, cross RF over LF

Sweep Hitch, Weave Sweep, Behind Side Cross, Walk In A Arc, Run Around

1 sweeping LF from back to front bending L knee as the foot comes forward

(optional styling as you sweep hitch, L arm stretches out at shoulder height taking R arm away from the body arching rib cage and taking R arm over head)

2&a3 cross LF over RF, step RF to R side, cross LF behind RF, sweep RF from front to back

4& cross RF behind LF, step LF to L side

5 6 7 step RF forward to 10.30, cross LF over RF making a 1/4 to 2.30, step RF for 1/8 to 3.00

8&a R Run around a 1/2 turn L,R,L to finish facing 9.00

Tag end of wall 7 facing 3o'clock wall

1,2 3,4 sway hips R,L,R,L

5&a

^{**} Restarts come here on walls 3 facing 3.00 & wall 6 facing 6.00)