Amado Mio

Compte: 32

Niveau: Improver Rhumba

Chorégraphe: Wayne Williams (CAN) - December 2017

Musique: Amado Mio - Pink Martini

SIDE ROCK, RECOVER, CROSS-OVER SHUFFLE X2

- 1-2 Rock out to Side R with right foot, recover to left foot
- 3&4 Cross-over shuffle, stepping right, left, Right
- 5-6 Rock out to Side L, with left foot, recover to right foot
- 7&8 Cross-over shuffle, stepping left, right left

SIDE ROCK, RECOVER, BEHIND SIDE ACROSS ¼ LEFT; ROCK FWD., RECOVER, SWEEP BACK 2X

- 9-10 Rock out to Side R with right foot, recover to left foot
- 11&12 Step right behind left, step side left on left turning 1/4L, step right fwd.
- 13-14 Rock fwd. on left foot, recover on right
- 15-16 Sweep back left (step on left), sweep back right (step on right)

SIDE TOGETHER SIDE STEP, DRAG; CROSS ROCK, RECOVER, SIDE SHUFFLE

- 17-18 Step left foot to side Left, step right next to left
- 19-20 Big step on L to left side, drag right to left (weight remains on left)
- 21-22 Cross rock right over left, recover to left
- 23&24 Shuffle side right, right, left, right

LEFT JAZZ BOX ¼ LEFT; SIDE ROCK, RECOVER, CROSS OVER, HOLD

- 25-26 Cross left over right, step back on right turning 1/4L
- 27-28 Step left to left side, step right next to left
- 29-30 Rock out to side left with left foot, recover to right foot
- 31-32 Cross left over right foot, hold*

REPEAT

*At the end of entire sequence, listen to the music for a longer hold before resuming.

At the end of the music, as it slows down, you may match steps to the speed or continue dancing through and gradually slowing down with the end of music.

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