Lonely Lady



Compte: 32 Mur: 4 Niveau: Easy Beginner

Chorégraphe: Yvonne (Krause) Halsey (USA) - January 2018

Musique: Lonely Lady - Bouke



[1-8] SIDE ROCK, SHUFFLE FORWARD, SIDE ROCK, SHUFFLE FORWARD

1-2	Rock right to right side, recover onto left.
3&4	Shuffle forward stepping right, left, right.
5-6	Rock left to left side, recover onto right.
7&8	Shuffle forward stepping left, right, left.

[9-16] ROCK RECOVER, STEP BACK, SWEEP FRONT TO BACK, BEHIND SIDE CROSS, POINT

1-2	Rock forward	on right	recover onto left.
1-2	NOCK IOIWalu	on nant.	recover onto leit.

3-4 Step back on right and sweep left foot front to back.

5-6 Left foot behind right, step right to right side.7-8 Cross left over right, point right foot to right side.

[17-24] STEP 1/4 TURN RIGHT, POINT LEFT, STEP FORWARD, POINT JAZZ BOX W/CROSS

1-2 As you step into a ¼ turn right point left foot to left side. (3:00)

3-4 Step forward left and point right foot to right side.

5-8 Cross right over left, step back on left, step right to right side, cross left over right.

[25-32] SIDE TOGETHER, SHUFFLE BACK, SIDE TOGETHER, STEP FORWARD, HOLD

1-2 Step right to right side, step left next to right.

3&4 Shuffle back stepping right, left, right.5-6 Step left to left side, step right next to left.

7-8 Step forward on left and hold.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com

Last Update - 5th Jan. 2018