

# Second Hand Shuffle

Compte: 64

Mur: 4

Niveau: High Beginner

Chorégraphe: Elaine Richard (CAN) - January 2018

Musique: Second Hand Heart - Gerry Guthrie



## **S1: SHUFFLE FORWARD R.L., SHUFFLE BACK R.L.**

- 1&2 Step LF forward (1), Step RF forward (&), Step LF forward (2)
- 3&4 Step RF forward (3), Step LF forward (&), Step RF forward (4)
- 5&6 Step LF back (5), Step RF back (&), Step LF back (6)
- 7&8 Step RF back (7), Step LF back (&), Step RF back (8) 12 o'clock

## **S2: CROSS ROCK RECOVER X 2 , ROCK BACK RECOVER X 2**

- 1&2 Cross LF over RF (1), Recover on RF (&), Step LF to left side (2)
- 3&4 Cross RF over LF (3), Recover on LF (&), Step RF to right side (4)
- 5&6 Rock LF behind RF (5), Recover on RF (&), Step LF to left side (6)
- 7&8 Rock RF behind LF (7), Recover on LF (&), Step RF to right side (8) 12 o'clock

## **S3: SHUFFLE FWD, 1/2 TRIPLE TURN, COASTER STEP, SHUFFLE FOWARD**

- 1&2 Step LF forward (1), Step RF forward (&), Step LF forward (2)
- 3&4 Step RF forward (3), Pivot 1/2 turn left, stepping on LF (&), Step RF to right side (4) 6 o'clock
- 5&6 Step LF back (5), Step RF beside LF (&), Step LF forward (6)
- 7&8 Step RF forward (7), Step LF forward (&), Step RF forward (8)

## **S4: SHUFFLE FWD, 1/2 TRIPLE TURN, COASTER STEP, SHUFFLE FOWARD**

- 1&2 Step LF forward (1), Step RF forward (&), Step LF forward (2)
- 3&4 Step RF forward (3), Pivot 1/2 turn left, stepping on LF (&), Step RF to right side (4) 12 o'clock
- 5&6 Step LF back (5), Step RF beside LF (&), Step LF forward (6)
- 7&8 Step RF forward (7), Step LF forward (&), Step RF forward (8)

## **S5: JAZZ BOX, 1/2 PIVOT TURN, SWAY, SWAY**

- 1-4 Step LF across RF (1), Step RF back (2), Step LF to left side (3), Close RF next to LF (4)
- 5-8 Step LF forward (5), Make 1/2 turn right, keeping weight on right (6), Sway left (7), Sway right (8) 6 o'clock

## **S6: JAZZ BOX, 1/2 PIVOT TURN, SWAY, SWAY**

- 1-4 Step LF across RF (1), Step RF back (2), Step LF to left side (3), Close RF next to LF (4)
- 5-8 Step LF forward (5), Make 1/2 turn right, keeping weight on RF (6), Sway left (7), Sway right (8) 12 o'clock

## **S7: CHASSE LEFT, ROCK BACK, CHASSE RIGHT, ROCK BACK**

- 1&2 Step LF to left side (1), Step RF beside LF (&), Step LF to left side (2)
- 3, 4 Rock RF behind LF (3), Recover on RF (4)
- 5&6 Step RF to right side (5), Step LF beside RF (&), Step RF to right side (6)
- 7, 8 Rock LF behind RF (7), Recover on RF (8)

## **S8: ROCKING CHAIR, 1/4 PIVOT TURN, SWAY, SWAY**

- 1-4 Rock LF forward (1), Recover on RF (2), Rock LF back (3), Recover on RF (4)
- 5-8 Step LF forward (5), Make 1/4 turn right, keeping weight on right (6), Sway left (7), Sway right (8) 3 o'clock

## **START OVER**

**To end the dance on Wall 5**

**Do the first 2 sections of 8 and finish with: -**

**-2 jazz boxes, sway sway**

1-4                Step LF across RF (1), Step RF back (2), Step LF to left side (3), Close RF beside LF (4)

5-8                Step LF across RF (5), Step RF back (6), Step LF to left side (7), Close RF beside LF (8)

9-10              Sway left (9), Sway right (10)

**Contact: [shediadlancedance@gmail.com](mailto:shediadlancedance@gmail.com)**

---