Demolition Man



Compte: 64 Mur: 4 Niveau: Phrased Intermediate

Chorégraphe: Alan Birchall (UK) & Jacqui Jax (UK) - February 2018

Musique: Demolition Man - The Cadillac Three : (CD: Legacy - The Cadillac Three)



** Released at 'Legends' Scotland

Sequence: A B B A(16) A(24) B B A B B

Start: On Lyrics Seconds: 10 Counts: 16 BPM: 105

PART 'A'

A1: SIDE, BEHIND, 1/4 TURN, STEP 1/2 PIVOT, STEP, KICK BALL STEP

1-2 Step Right To Right, Cross Left Behind Right

3-4
¼ Turn Right Stepping Right To Right, Step Forward On Left 03:00
5-6
½ Pivot Turn Right (Weight On Right) Step Forward On Left 09:00
Kick Right Foot Forward, Step Right By Left, Step Forward On Left

A2: ROCK, RECOVER, COASTER STEP, STEP ½ PIVOT, FULL TRIPLE TURN

9-10 Rock Forward On Right, Recover On Left

11&12 Step Back On Right, Step Left By Right, Step Forward On Right
13-14 Step Forward On Left, ½ Pivot Turn Right (Weight On Right) 03:00

15&16 Full Triple Turn Right Stepping Left, Right, Left (Alt: Left Shuffle Forward)

Restart Here: During 2nd 'A' Facing 12:00

A3: RIGHT & LEFT DIAGONAL SHUFFLES, JAZZ BOX, CROSS

Step Right To Right Diagonal, Step Left By Right, Step Right To Right Diagonal

Step Left To Left Diagonal, Step Right By Left, Step Left To Left Diagonal

21-22 Cross Right Over Left, Step Back On Left23-24 Step Right To Right, Cross Left Over Right

During 3rd 'A' Start Part 'B' Here Facing 03:00

A4: POINT, CROSS, POINT, CROSS, 1/2 MONTEREY TURN, STOMP

25-26 Point Right To Right, Cross Right Over Left 27-28 Point Left To Left, Cross Left Over Right

29-30 Point Right To Right, Making ½ Turn Right Step Right By Left

31-32 Point Left To Left, Stomp Left By Right 09:00

PART 'B' (x2)

B1: SIDE SHUFFLE, ROCK BACK, RECOVER X2

33&34 Step Right To Right, Step Left By Right, Step Right To Right

35-36 Rock Back On Left, Recover On Right

37&38 Step Left To Left, Step Right By Left, Step Left To Left

39-40 Rock Back On Right, Recover On Left

B2: SYNCOPATED SIDE ROCK, RECOVER, SIDE ROCK RECOVER, 1/4 SAILOR TURN, FULL TURN

41-42& Rock Right To Right, Recover On Left, Step Right By Left

43-44 Rock Left To Left, Recover On Right

45&46 ¼ Turn Left Sweeping Left Behind Right, Step Right To Right, Step Left In Place 06:00 47-48 ½ Turn Left, Stepping Back On Right, Make ½ Turn Left Step Forward On Left (Alt: Walk

Forward x2)

B3: STEP 1/4 PIVOT, CROSS SHUFFLE, SIDE, BEHIND, SYNCOPATED WEAVE

49-50	Step Forward On Right, ¼ Pivot Left 03:00
51&52	Cross Right Over Left, Step Left To Left, Cross Right Over Left,
53-54&	Step Left To Left, Right Behind Left, Step Left To Left,
55&56&	Right Over Left, Step Left To Left, Right Behind Left, Step Left To Left

B4: CROSS ROCK, RECOVER, SIDE SHUFFLE, JAZZ BOX, TOUCH

57-58 Cross Rock Right Over Left, Recover On Left

59&60 Step Right To Right, Step Left By Right, Step Right To Right

61-62 Cross Left Over Right, Step Back On Right 63-64 Step Left, Touch Right By Left

Dance Finishes Here: Facing 12:00

START AGAIN

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