

So Long

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Hiroko Carlsson (AUS) - February 2018

Musique: So Long - Massari : (iTunes)

(8 count intro)

[S1] 2x Step-Pivot 1/4L-Tap Fwd-Tap Together, Side Rock, Behind, Side, Cross Rock, Side

- 1&2& Step R forward, Make a ¼ turn left, Tap R toe forward, Tap R toe next to L
- 3&4& Step R forward, Make a ¼ turn left, Tap R toe forward, Tap R toe next to L (6:00)
- 5&6& Rock/step R to right side, Recover weight on L, Step R behind L, Step L to left side
- 7&8 Rock/cross R over L, Recover weight on L, Step R to right side

[S2] Cross Rock, 1/4L Fwd Rock, Coaster Step, Step-Pivot 1/2L, L Spiral, Fwd Coaster w/Sweep

- 1& Rock/cross L over R, Recover weight on R
- 2& Make a ¼ turn left on R and rock/step L forward, Recover weight on R (3:00)
- 3&4 Step L back, Step R next to L, Step L forward
- 5&6 Step R forward, Make a ½ turn left recover weight on L, Make a left full spiral turn on right foot (with L hook) (9:00)
- 7&8 Step L forward, Step R next to L, Stepping back on L w/ R sweep

[S3] Back-Sweep, Back-Sweep, Sailor 1/4R-Cross Tap-Tap, Side Tap-Tap, Drag, 1/4R Turning Coaster Cross

- 1& Stepping back on R, Sweep L around R
- 2& Stepping back on L, Sweep R around L
- 3& Make a ¼ turn right stepping behind L, Step L to left side (12:00)
- 4& Cross R over L and tap R toe twice (weight on L)
- 5& Tap R toe to right side twice (weight on L)
- 6 Drag R close to L (keeping your weight on L)
- 7&8 Step R back, Make a ¼ turn right step L next to R, Cross R over L (3:00)

[S4] Side Rock, Cross, 1/4L Out-Out, In-In, 2x Step-Pivot 1/4L, Cross, 1/4R Back, Together

- 1&2 Rock/step L to left side, Recover weight on R, Cross L over R
- &3 Make a ¼ turn left stepping back on R (out), Step L to left side (out) (12:00)
- &4 Step R to centre (In), Step L to centre (In)
- 5& Step R forward, Make a ¼ turn left recover weight on L
- 6& Step R forward, Make a ¼ turn left recover weight on L (6:00)
- 7&8 Cross R over L, Make a ¼ turn right stepping back on L, Step R together (weight on L) (9:00)

No Tag! No Restart!

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 13/Feb/18)