

I'm An Apeman, I'm An Ape Ape Man

COPPER KNOB
STEPSHEETS

Compte: 40

Mur: 4

Niveau: Improver

Chorégraphe: Val Saari (CAN) - March 2018

Musique: Apeman - The Kinks : (iTunes)



VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

- 1-2 Step RF to right side, Step LF behind R
- 3&4 Rock RF to right side, Recover LF, Cross RF over left
- 5-6 Step LF to left side, Step RF behind L
- 7&8 Rock LF to left side, Recover RF, Cross LF over right

POINT OUT-IN-OUT, BEHIND SIDE CROSS, HOLD X 2 (R,L)

- 1&2 Point RF to R side, Touch RF beside L, Point RF to R side, Hold
- 3&4 Cross RF behind L, Step LF left, Step RF across L, Hold
- 5&6 Point LF to L side, Touch LF beside R, Point LF to L side, Hold
- 7&8 Cross LF behind R, Step RF right, Step LF across R, Hold

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK PIVOT 1/4 R

- 1-2 Rock RF forward, Recover LF
- 3&4 Rock RF back, Recover LF, Step RF beside left
- 5-6 Rock LF forward, Recover RF
- 7&8 Rock LF back, Recover RF, Step LF forward 1/4 Pivot R beside R

HEEL/TOE FORWARD X 4

- 1-4 Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes
- 5-8 Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes

TOE/HEEL BACK X 4

- 1-4 Step RF back on toe, Step down on heel/ Step LF back on toe, Step down on heel
- 5-8 Step RF back on toe, Step down on heel/ Step LF back on toe, Step down on heel

REPEAT
