I Say, I Love You



Compte: 176 Mur: 1 Niveau: Phrased Intermediate (belly

dance version)

Chorégraphe: Cara Tan (MY) - March 2018

Musique: Agoul Ahwak by Haifa Weibe



Dance sequence: Intro, A, B Intro, Tag, A, B, Bridge 1, Bridge 2, B, intro (end)

INTRO - 32 count (4 x 8):

i[1-8] Right Whisk, Left Whisk, Right Rolling Vine Touch

Step RF to R side, Step LF slightly behind RF on ball, Recover RF
 Step LF to L side, Step RF slightly behind LF on ball, Recover LF

5-6 1/4 turn R-step RF forward, 1/2 turn R-step LF back

7&8 1/4 turn R-step RF to R side, Point LF to L side bumping hips up-down

i[9-16] Left Rolling Vine Touch, Rocking Chair with Shimmy

1-2 1/4 turn L-step LF forward, 1/2 turn L-step RF back

3&4
 1/4 turn L-step LF to L side, Point RF to R side bumping hips up-down
 5-8
 (with shimmy) RF forward rock, LF recover, RF backward rock, LF recover

i*For intro at end, change rocking chair to:

5-8 Rf forward, pivot ½ L change weight to L, make another ½ turn L step R back, hold

i - Repeat the above 16 steps

Part A – 32 count (4 x 8):

A[1-8] Hip Bumps x3, Step Down & Sweep

Touch R toe forward bumping hips up-down-up-down (raising RF slightly at last count)
 Touch R toe forward bumping hips up-down-up-down (raising RF slightly at last count)
 Touch R toe forward bumping hips up-down-up-down (raising RF slightly at last count)
 Step RF diaganally to R (face diaganally L)(11:30), make a 1/8 turn R and Sweep touch LF

to front (12:00) with weight on R

A[9-16] Hip Bumps x3, Step Down & Sweep

Touch L toe forward bumping hips up-down-up-down (raising LF slightly at last count)
 Touch L toe forward bumping hips up-down-up-down (raising LF slightly at last count)
 Touch L toe forward bumping hips up-down-up-down (raising LF slightly at last count)

7-8 Step LF diaganally to L (face diaganally R)(1:30), make a 1/8 turn L and Sweep touch RF to

front (12:00) with weight on L

A[17-24] Hip Bumps x4

| 1-2 | Point RF to R side bumping hips up-down, Step RF back |
|-----|---|
| 3-4 | Point LF to L side bumping hips up-down, Step LF back |
| 5-6 | Point RF to R side bumping hips up-down, Step RF back |
| 7-8 | Point LF to L side bumping hips up-down, Step LF back |

A[25-32] Step-Point-Step, Cross Unwind, Hip Sways

| 1-2 | Big step RF to R side, point LF to L side |
|-----|---|
|-----|---|

3-4 Make ¼ turn L step L down, Cross RF over L, Unwind ¾ turn L change weight to R
5-6 Step L back and touch on R toe infront of L at the same time raising both hands up,

7-8 snaking R hand down

Part B - 32 count (4 x 8):

B[1-8] Cross, Step Side, Step Behind, Hip Bumps

1-2-3&4 Cross RF over LF, Step L to L side, Step RF behind L, Raising L hips bumping up-down
5-6-7&8 Cross LF over RF, Step R to R side, Step LF behind R, Raising R hips bumping up-down

B[9-16] Step Forward, Pivot 1/2 Turn, Touch & Hip Sways R-L-R

1-2 Step RF down, Step LF forward3-4 Pivot 1/2 turn, Step LF forward

5-8 Step RF together and sway hips R-L-R-L (or figure 8)

B[17-24] Cross, Step Side, Step Behind, Hip Bumps

1-2-3&4 Cross RF over LF, Step L to L side, Step RF behind L, Raising L hips bumping up-down 5-6-7&8 Cross LF over RF, Step R to R side, Step LF behind R, Raising R hips bumping up-down

B[25-32] Step Forward, Pivot 1/2 Turn, Touch & Hip Sways R-L-R

1-2 Step RF down, Step LF forward3-4 Pivot 1/2 turn, Step LF forward

5-8 Step RF together and swaying hips R-L-R-L (or figure 8)

TAG - 6 count:

[1-6] Touch, Open Arms, Twist Shoulders R-L-R-L, Open Arms Up

1-2 Touch R forward, Open arms at shoulder level

&3&4 Twist shoulder in R-L-R-L

Bring both arms down, Open arms out & up above head (refer video demo)

BRIDGE 1 – 40 count (8 x 5): 5 counts for each section

#Section 1

1-3 (Both arms out at waist level) Touch R toes forward bumping hips up-down-up

4-5 Step RF forward with shimmy, drag LF forward (with shimmy)

#Section 2

1-3 (Both arms out at waist level) Touch L toes forward bumping hips up-down-up

4-5 Step LF forward with shimmy, drag LF behind with shimmy

#Section 3

1-3 Make a ½ turn R Both arms out at waist level Touch R toes forward bumping hips up-down-

up

4-5 Step RF forward with shimmy, drag LF forward (with shimmy)

#Section 4

1-3 (Both arms out at waist level) Touch L toes forward bumping hips up-down-up

4-5 Step LF down with shimmy, Step RF forward with shimmy

#Section 5 (please refer video demo for hand movement)

1-3 Step RF to R side, bring R arm out to R side at shoulder level, Place L hand on R hand and

raise both hands up

4-5 Turn head back to R side, touch L hand to L side of head, Bring R hand down to R side to

draw a circle up to touch R side of head and turn head to front

#Section 6

1-3 Step LF to L side, bring LR arm out to L side at shoulder level, Place R hand on L hand and

raise both hands up

4-5 Turn head back to L side, touch R hand to R side of head, Bring L hand down to L side to

draw a circle up to touch L side of head and turn head to front

#Section 7

1-3 Touch RF forward and bring R arm out to R, bring L arm to L, Raise both hands up to above

head

4-5 Bring both arms down, Open arms out & up above head

#Section 8

1-3 Make 1/2 turn L (12:00) weight on R, bring both arms down , Step LF back with R toes touch

forward and open arms out & up above head

4-5 HOLD

BRIDGE 2 – 34 count (4 x 8 + 2):

| | - |
|----------|---|
| *Section | 7 |
| OGUIUII | |

1&2,3&4 (Both arms raise above head) Cha-cha R forward, Cha-cha L forward 5&6,7&8 (Both arms raise above head) Cha-cha R forward, Cha-cha L forward

*Section 2

1&2 Cha-cha R backwards (L hand raised above head & R hand sweeping down from top of R

side head to neck)

3&4 Cha-cha L backwards (R hand raised above head & L hand sweeping down from top of L

side head to neck)

5&6 Cha-cha R backwards (L hand raised above head & R hand sweeping down from top of R

side head to neck)

7&8 Cha-cha L backwards (R hand raised above head & L hand sweeping down from top of L

side head to neck)

*Section 3

step R to R, L together, step R to R, L together, Step R to R, L together, Step R to R
 Step L to L, R together, Step L to L, R together, Step L to L

*Section 4

1&2&3&4 step R to R, L together, step R to R, L together, step R to R, L together, Step R to R

5-6-7-8 Step LF forward, Step RF forward, Pivot 1/2 turn L, make another ½ turn L step R back

[33-34] Step LF back, Touch R toes forward & pose "hoh"!!

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