

# Swingin' & Stompin'

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** DEE DEE Dougherty (USA) - April 2018

**Musique:** Amazing Grace - Charlie Rich

ou: The Right to Remain Silent - Doug Stone

ou: Tell Me Ma - Sham Rock

ou: Toss the Feathers - The Corrs



**Alt. music:** -

**The Right To Remain Silent by Doug Stone; (Irish flavor;)**

**Tell Me Ma by Sham Rock;**

**Toss the Feathers by The Corrs (X-Mas;)**

**Swingin' Home For Christmas by Allen Jackson**

## **STOMP, KICK & TRIPLES (R & L)**

- 1- 2 Stomp right in place (no weight), Kick right out to the side
- 3&4 Triple in place stepping right, left, right
- 5- 6 Stomp left in place (no weight), Kick left out to the side
- 7&8 Triple in place stepping left, right, left

## **VINE/or SLIDE with TRIPLES (R & L) with LEFT 1/4 TURN**

- 1- 2 Step right to side, Step left together /or Cross left behind right
- 3&4 Triple in place stepping right, left, right
- 5-6 Step left to side, Step right together /or cross right behind left
- 7&8 Triple in place Turning ¼ left, stepping left, right, left

## **ROCK, RECOVER and TRIPLES (R & L) with 1/2 TURNS or (No Turn)**

- 1- 2 Rock step forward right, recover weight to left
- 3&4 Triple R-L-R Turning ½ right /or Triple in place (No Turn)
- 5- 6 Rock step forward left, recover weight back to right
- 7&8 Triple L-R-L Turning ½ turn left/or Triple in place (No Turn)

## **POINT, FORWARD & SIDE and TRIPLES (R & L)**

- 1- 2 Point/Touch right toe forward, Point/Touch right out to the side
- 3&4 Triple in place /stepping right, left, right
- 5- 6 Point/Touch left toe forward, Point/Touch left out to the side
- 7&8 Triple in place/stepping left, right, left

## **REPEAT**

**\* Step sheet compliments of DANCE WITH DEE DEE.\***