La Nina Cha Cha

Compte: 32

Niveau: High Beginner

Chorégraphe: Rarayanti Marwan (INA) - April 2018

Musique: La Nina by Angela Diliberto, Edisi Caramba - Milan Italy

Dance starts at vocal. No Tags, No Restarts!

Sec. 1: BACK, REC., CROSS, LR TWIST, CROSS, SIDE, CROSS SHUFFLE

- 12 Rock back on R, Recover on L
- 34& Cross R over L, Step L together R while Twist hip L, Twist hip R
- 56 Cross L over R, Step R side on R
- 7& 8 Cross L over R, Step R side on R, Cross L over R

Sec. 2: ROCKING CHAIR, FWD, 1/2 L PIVOT, FWD, LOCK, FWD & SWEEP

- 12 Step R Forward, Recover on L
- 34 Step back on R, Recover on L
- 56 Step R Forward, 1/2 L Pivot Turn step on L (06.00)
- 7& 8 Step forward on R, step lock L behind R, Step forward on R & sweep L from back to side

Sec. 3: CROSS, SIDE, BACK LOCK STEPS, FLICK, BEHIND, SIDE, FWD LOCK STEPS

- 12 Continue sweep L to front & cross L over R, step R side on R
- 3& 4& Step back on L, step lock R in front of R, step L backward, Flick R
- 56 Step R behind L, Step L side on L
- 7& 8 Step forward on R, step lock L behind R, Step forward on R

Sec. 4: FWD, 1/4 L TURN POINT, CROSS, POINT, BACK, REC., FWD COASTER

- Step L Forward, 1/4 L Turn Point R side on R (03.00) 12
- 34 Cross R over L, Point L side on L (weight on right)
- 56 Step back on L, Recover on R
- 8 Step forward on L, Step R forward together L, step back on L 7&

For music, contact email : rrvigianti@gmail.com

There is No Tag, No Restart in this dance, I hope you enjoy, and have fun!

Contact: rrvigianti@gmail.com





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