## Heartbeat



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Virginia W. F. Tsui (CAN) - May 2018

Musique: Uptown Funk by Haschak Sisters



#### Start after 32 count intro

### BACK ROCK, HEEL STEP CROSS, SIDE TOGETHER SIDE, HEEL GRIND 1/4 TURN LEFT

1 2 Step back on right, recover onto left

3& 4 Touch right heel forward, step back on right, cross left over right

5& 6 Step right to side, step left next to right, step right to side

7 8 Cross left heel over right, & make a ¼ turn left, (weight on right) (9.00)

#### COASTER STEP, 1/4 TURN LEFT, ROCKING CHAIR, 1/4 TURN RIGHT

1 &2 Step left back, step right next to left, step left forward 3 4 Step forward on right, and make a left ½ turn on left

5&6& (With body diagonally to left) step right forward, recover onto left, step back on right, recover

onto left

7 8 Step forward on right,& make a ¼ turn right with left foot flick behind (9.00)

#### ROCKING CHAIR, 1/4 TURN LEFT, CROSS, BACK, FULL TURN RIGHT

1&2&	(With body diagonally to right) step left forward, recover onto right, step back on left, recover	
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onto right

3 4 Step forward on left, and make a ¼ turn left with right foot flick behind

5 6 Cross right over left, step back on left

7 8 Step right forward ½ turn right, stepping left back ½ turn right (6.00)

# BACK ROCK, LOCK, FWD, FWD, LOCK, SIDE, TOGETHER, ¼ TURN RIGHT, ½ TURN RIGHT, BACK SHUFFLE

1 & 2	Step back on right, recover onto left,
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&3&4	Lock right bening, step forward	i on leπ, step forward on r	ignt, lock left benind
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5 & 6 Step right to side, step left next to right, make a ¼ turn right stepping forward on right 7 & 8 (Make a ½ turn right) step back on left, step right next to left, step back on left (3.00)

#### ENJOY!!!