One Kiss

Compte: 64

Niveau: Phrased High Beginner

Chorégraphe: Nicole Miller (LUX) - July 2018

Musique: One Kiss - Calvin Harris & Dua Lipa

Start dancing on lyrics

PART A:

A1: CONGA WALKS

- Step right forward, step left forward, step right forward, kick left foot 1-4
- 5-8 Step left back, step right back, step left back, touch right together

A2: STEP TOUCHES WITH CLAPS

- Step right to right, touch left together and clap hands above your head 1-2
- 3-4 Step left to left, touch together and clap hands in front of your knees
- 5-6 Step right to right, touch left together and clap hands above your head
- 7-8 Step left to left, touch together and clap hands in front of your knees

A3: CONGA WALKS

- 1-4 Step right forward, step left forward, step right forward, kick left foot
- 5-8 Step left back, step right back, step left back, touch right together

A4: GRAPEVINE R +L

- 1-4 Step right to right, cross left behind right, step right to right, touch left together
- 5-8 Step left to left, cross right behind left, step left to left, touch right together

PART B:

B1: WALKS, STOMP, ½ TURN BOUNCES, KICK BALL STEP

- 1-2 Walk right forward, walk left forward,
- 4-6 Step right forward, bounce both heels 3x turning 1/2 left (weight on left)
- 7&8 Kick right forward, step right together, step left together

B2: WALKS, STOMP, ½ TURN BOUNCES, KICK BALL STEP

- 1-2 Walk right forward, walk left forward,
- 4-6 Step right forward, bounce both heels 3x turning 1/2 left (weight on left)
- 7&8 Kick right forward, step right together, step left together

B3: WALKS, STOMP, ½ TURN BOUNCES, KICK BALL STEP

- 1-2 Walk right forward, walk left forward,
- Step right forward, bounce both heels 3x turning 1/2 left (weight on left) 4-6
- 7&8 Kick right forward, step right together, step left together

B4: OUT, OUT, IN, IN, STEP TOUCH 2X

1-4 Step right to right, step left to left, step right together, step left together 5-8 Step right to right, step left together, step left to left, step right together

REPEAT

n.b.: This dance is based on my dance "Keep My Cool" and completed with part B. Last Update - 10th July 2018



Mur: 2