

# Meraih Bintang

Compte: 160

Mur: 0

Niveau: Phrased Beginner



Chorégraphe: Mei Rizal (INA) - July 2018

Musique: Meraih Bintang - Via Vallen

(Official theme song Asian Games 2018)

Intro 16 counts - Phrasing A B C D B\* (16) C\* C\*

**A (32 counts)**

**A1. DIAGONAL FORWARD, DIAGONAL BACKWARD**

1 - 2 Step R forward out to right side, touch L beside R

(swinging the right hand to the side of the body)

3 - 4 Step L forward out to left side, touch R beside L

(swinging the left hand to the side of the body)

5 - 6 Step R back to right side, touch L beside R

(twisting your arms outward with your elbows bent)

7 - 8 Step L back to left side, touch R beside L (both hands stay in position)

**A2. TOUCH TO SIDE, TOUCH BESIDE, STEP TO SIDE**

1 - 2 Touch R to right side, touch R beside L

3 - 4 Step R to right side, touch L beside R

5 - 6 Touch L to left side, touch L beside R

7 - 8 Step L to left side, touch R beside L

Do A3 & A4 as A1 & A2

**B (32 counts)**

**B1. OUT – OUT, IN – IN (V step)**

1 - 2 Step R forward out to right side (both hands at the side of the eye), step L forward out to left side (both hands straightened forward)

3 - 4 Step R back to center (right hand is straight forward with the index finger raised), step L next to R (the left hand moves like a right hand)

5 - 6 Step R forward out to right side (raise your right hand pointing up right, step L forward out to left side (raise your left hand pointing up left)

7 – 8 Step R back to center (bring both hands to the front of the chest), step L next to R (both hands pointed upward again)

**B2. STEP TO SIDE, SWAY**

1 - 2 Step R to right side with sway to right, transfer weight to left with sway to left

3 - 6 Repeat 1 – 2

7 – 8 Transfer weight to right with sway to right, touch L next to R

Do B3 & B4 as B1 & B2 in the opposite direction

**C (32 counts)**

**C1. STEP IN PLACE WITH MOVING BOTH HANDS**

1 - 8 Step R & L in place with moving both hands like invites

**C2. STEP IN PLACE WITH SWINGING RIGHT HAND**

1 - 8 Step R & L in place with swinging R hand up to right and left

Do C3 & C4 as C1 & C2

**D (64 counts)**

### **D1. DOUBLE STEP**

- 1 - 2                Step R to right side while crossing both hands on the shoulders, step L next to R with slide the hand to each shoulder
- 3 - 4                Step R to right side with lift both hands up, touch L next to R while bring both hands down
- 5 - 8                Step L to left side, step R next to L, step L to left side, touch R next to L  
(on 5 – 8 both hands move like rolls in front of the chest)

**Do D2 – D4 as D1**

### **D5. STEP FORWARD, STEP BALL BEHIND, FULL TURN**

- 1&                Step R forward, step ball of L slightly behind R
- 2&3&                Repeat 1&
- 4                Step R forward
- 5&                ¼ turn left crossing L over R, step on ball of R slightly behind L
- 6&7&8                Repeat 5& 3 more times to make a full turn facing the front wall again

### **D6. STEP CROSS**

- 1&                Cross R over L, step ball of L slightly to left side
- 2&3&4                Repeat 1&
- 5 - 8                Do 1&2&3&4 in the opposite direction

**Do D7 – D8 as D5 – D6**

**Noted :**

**B\* Do only 16 counts, there is a change in the last step, at the count of 16 step L next to R**

**C\* After doing 16 counts rotating direction facing left (1/4 turn left) and do it three times**

**Ending facing 12 : 00**

**Have Fun and keep the spirit !!!**

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