Ocala Two-Step

Compte: 32

Niveau: Beginner

Chorégraphe: Art Ticknor (USA) - August 2018

Musique: Aw Naw - Chris Young

Note: The nightclub two-step is for all varieties of slower, club-dance music. The style is smooth, not bouncy.

BASIC CLUB TWO-STEP: R then L

- 1-2 Rock back on R, recover on L) smooth,
- 3-4 Wide step R, hold) not bouncy
- 5-6 Rock back on L, recover on R) smooth,
- 7-8 Wide step L, hold) not bouncy

MAMBO FORWARD, TWO-STEP TURN

- 1-2 Slide R forward, recover on L
- 3-4 Slide R next to L, hold
- 5-6 Rock back on L, step R
- 7-8 Step L forward 1/4 turn left, hold

BASIC CLUB TWO-STEP: R then L

- 1-2 Rock back on R, recover on L) smooth,
- 3-4 Wide step R, hold) not bouncy
- 5-6 Rock back on L, recover on R) smooth,
- 7-8 Wide step L, hold) not bouncy

TWO-STEP LUNGE: R then L

- 1-2 Step R to right (slightly back), cross L over R
- 3-4 Step R, hold
- 5-6 Step L to left (slightly back), cross R over L
- 7-8 Step L, hold

REPEAT

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