# Blue Mountain (P)

Niveau: Beginner partner/circle

Chorégraphe: Linda Sansoucy (CAN) - October 2018 Musique: Altitude Adjustment - Midland

Position: Side-By-Side facing LOD Intro: 32

Compte: 32

## SIDE, BEHIND, TURN 1/4 LEFT, 1/2 TURN, TURN 1/4 LEFT, BEHIND, SIDE

1-2 Step left side, cross right behind

## Release right hands and lift left hands

- 3 Turn 1/4 left and step left forward (ILOD)
- 4-5 Step right forward, turn 1/2 left (weight to left) (OLOD)
- 6 Turn 1/4 left and step right side

#### Resume Side-by-side position (LOD)

7-8 Cross left behind, step right side

## STEP, LOCK, STEP, SCUFF (TWICE)

- 1-2 Step left forward, lock right behind
- 3-4 Step left forward, brush right forward
- 5-6 Step right forward, lock left behind
- 7-8 Step right forward, brush left forward

## STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, 1/2 TURN, STEP FORWARD, SCUFF

- 1-2 Step left forward, brush right forward
- 3-4 Step right forward, brush left forward

#### Do not let go of hands

- 5-6 Step left forward, turn 1/2 right (weight to right) (RLOD)
- 7-8 Step left forward, brush right forward

## ROCKING CHAIR, 1/2 TURN, STEP FORWARD, SCUFF

- 1-2 Rock right forward, recover to left
- 3-4 Rock right back, recover to left

#### Do not let go of hands

- 5-6 Step right forward, turn 1/2 left (weight to left) (LOD)
- 7-8 Step right forward, brush left forward

## REPEAT





**Mur:** 0