Special Moves



Compte: 32 Mur: 2 Niveau: Easy Intermediate

Chorégraphe: Michael Lynn (UK), Lesley Kidd (UK), Hayley Goy (UK) & Nick Goodman (UK) -

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Musique: Moves (feat. Snoop Dogg) - Olly Murs: (iTunes, amazon)



Music Available on iTunes, Amazon Music, 7Digital, Spotify & my MEMBERS Zone. (32 count intro, 101 bpm)

SKATES x 2, FORWARD MAMBO, COASTER STEP, SIDE ROCK RECOVER 1/4 TURN LEFT CROSS

1-2 Skate forward on right, skate forward on left

Rock forward on right, recover on left, step back on right

Step back on left, step right beside left, step left on forward

7&8 Step right 1/4 turn left rocking right to right side, recover left, cross right over left (turning the

right toe out) (9:00)

MONKEY STEP x 2, SAILOR STEP, BALL STEP, LOCKSTEP, HEEL 'N' SHOULDER POPS

1 Step left to left side (making sure both toes are turned out like a ballerina), arms at waist

height with palms facing forward

& Swivel both toes in as the heels turn out, arms same height, turn your arms inwards like a

monkey, both hands should be either side of your waist, elbows out, with your palms facing

backwards

2& Repeat counts 1& ensuring weight is on the left

(Tip/Arms): This Charleston step should travel to the left, the arms mirror the feet. e.g. toes out = hands out

3&4 Step right behind left, step left to left side, step right to right side

&5 Step left beside right, step right to right side

6&7 Cross left behind right, step forward on right, touch left heel to left diagonal

&8 Raise shoulders up as you pop the knees forward, lower shoulders and unpop your knees

BALL-CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS ROCK RECOVER, STEP PIVOT 1/8 TURN LEFT x 2

&1&2	Step onto the left, cross right over left, step left to left side, cross right over left
3&4&	Rock left to left side, recover right, cross rock left behind right, recover right
5-6	Rock left to left side, recover 1/8 turn right onto right (10:30)

7-8 Rock left to left side, recover 1/8 turn right on right (12:00)

CROSS-SIDE-TOGETHER, JAZZBOX, HEEL GRIND 1/2 TURN LEFT, COASTER STEP

1& Cross left over right, step right to right side as you face the left diagonal (10:30)

2 Step left beside right (for styling you may stick your bottom out here)

3&4 Cross right over left (as you straighten up), step left back, step right to right side (12:00)

5-6 Step left heel forward as you grind a 1/2 turn left, step back on right (6:00)

7&8 Step back on left, step right beside left, step forward on left

TAG (Danced on walls 1 & 3 only)

V-STEP, HEEL TWISTS, V-STEP ON HEELS

1-2 Step right to right diagonal, step left to left diagonal

3-4 Step right back, step left beside right

Twist right heel out as you raise the heel, return right heel back to center lowering the heel Twist left heel out as you raise the heel, return left heel back to centre lowering the heel Twist left heel out as you raise the heel, return left heel back to centre lowering the heel Twist left heel to right diagonal, step left heel to left diagonal, back on right, step left beside

right

Step forward on right (right heel should be in line with left toes), lift both heels up, lower both

heels

3-4 Touch right toe back, pivot 1/2 turn right (keeping weight left)

5-6-7-8 Walk back R-L-R-L as you shimmy your shoulders

ENDING (Brings you back to the front)

(Dance upto and including count 30) and replace the last 2 counts with the following to bring you to the front)

7&8 Sweep/cross left behind right making 1/4 turn left, step right 1/4 turn left, step left in place &

pose!

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