Fredagsmys

Compte: 64 **Mur:** 2 **Niveau:** Improver

Chorégraphe: Bernt Almgren (SWE), Gunnel Ingelstedt (SWE), Ann-Margret (SWE), Annika Karlsson (SWE), Carin Isacson (SWE), Ingalis Hedman (SWE) & Jessica (SWE) - March 2018

Musique: Jag Ringer På Fredag - Sven-Ingvars

Intro: 24c

(1-8) R Kick-Ball-Change x2, R Rock-Recover, Behind-Side-Cross

1&2-3&4	Kick R Fwd, Step R beside L, Recover weight on L (x2) (12.00)
5-6	Rock R to R side, Recover weight on L (12.00)
7&8	Cross R Behind L, Step L to L Side, Cross R over L (12.00)

(9-16) L Kick-Ball-Change x2, L Rock-Recover, Behind-Side-Cross

1&2-3&4	Kick L Fwd, Step L beside R, Recover weight on R (x2) (12.00)
5-6	Rock L to L side, Recover weight on R (12.00)
7&8	Cross L Behind R, Step R to R Side, Cross L over R (12.00)

(17-24) Figure Of Eight

1-2	Step R to R Side, Step L Behind R (12.00)
3-4	1/4 Turn R Step R Fwd, L Foot Step Fwd (03.00)
5-6	1/2 Pivot-Turn R, 1/4 Turn R Stepping L to L side (09.00/12.00)
7-8	Step R behind L, 1/4 Turn L Step L Fwd (9.00)

(25-32) Shuffle R+L, Rock-Recover, R Costerstep

1&2	Step forward on R, step L next to R, step forward on R (9.00)
3&4	Step forward on L, step R next to L, step forward on L (9.00)
5-6	Rock forward on R, recover on L (9.00)
7&8	Step back on R, step L next to R, step forward on R (9.00)

***Restart Wall4 (turn to12.00)**

(33-40) 1/2 Stepturn R, 1/4 Stepturn R, L Jazzbox-Touch

1-2	Step L Fwd, turn 1/2 R weight end on R (03.00)
3-4	Step L Fwd, turn 1/4 R weight end on R (06.00)

***Restart Wall3 (06.00)**

5-6	Cross L over R, step back on R (06.00)
7-8	Step L to L side, touch R beside L (06.00)

***Restart Wall6 (06.00)**

(41-48) Monterey 1/2 R x2

1-2	Point R to R side, turn 1/2 R (12.00)
3-4	Point L to L side, Step L beside R (12.00)
5-6	Point R to R side, turn 1/2 R (06.00)
7-8	Point L to L side, Step L beside R (06.00)

(49-56) Vine-Touch R, Vine-Touch L

1-2	Step R to R side, Step L behind (06.00)
3-4	Step R to R side, Touch L beside R (06.00)
5-6	Step L to L side, Step R behind (06.00)
7-8	Step L to L side, Touch R beside L (06.00)

(57-64) 1/2 Stepturn L x2, R Jazzbox

1-2	Step R Fwd, turn 1/2 L weight end on L (12.00)
3-4	Step R Fwd, turn 1/2 L weight end on L (06.00)
5-6	Cross R over L, step back on L (06.00)
7-8	Step R to R side, step L beside R (06.00)

Tag (1-4) Sway RLRL (After wall 1 and 5) (06.00)

Restart: After 36 c Wall 3 (06.00) After 32 c Wall 4 (12.00) After 40 c Wall 6 (06.00)

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