# Lovely Selfish



Compte: 48 Mur: 2 Niveau: Intermediate

Chorégraphe: Cati Torrella (ES) - November 2018

Musique: Selfish - Stephanie Quayle



Part A+: 48 Counts: Sections 1 to 6 Part A: 32 Counts: Sections 1, 2, 3 and 6

Sequence: A+ (48 counts), A (32 Counts), A Restart, A+ (48 counts), A (32 Counts), A (32 Counts)... to the

### Section 1 - 1-8: Step, ½ turn with Sweep, Behind & Cross & Point, Step, Cross Shuffle

Step forward on RF 1

2& ½ turn to left on RF and Step back with LF doing Sweep from forward to back with RF at

same time (6:00)

3& Cross RF behind left, Step LF to left side 4& Cross RF in front of left, Step LF to left side Point RF forward slightly to the diagonal 5

6 Step RF slightly to the right side

Cross LF in front of right, Step RF to the right side, Cross LF in front of right 7&8

### Section 2 - 9-16: Turning Toe Struts, Rock Step

1-2 1/4 turn to right and Point Right Toe forward, Lower right heel keeping weight on RF (9:00) ½ Turn to right on RF and Point Left Toe back, Lower left heel keeping weight on LF (3:00) 3-4 5-6 ½ Turn to right on LF and Point Right Toe forward, Lower right heel keeping weight on RF (9:00)

7-8 Rock forward on LF, Recover weight back on RF

# Section 3 - 17-24: Triple Step Back, Rock Back x 2, Step Forward, ¼ Turn, Point

Triple Step traveling back with LF-RF-LF 1&2

3-4 Rock back on RF, Recover weight forward on LF

& Step RF beside left

Rock back on LF, Recover weight forward on RF 5-6

Step forward on LF 7

8 1/4 Turn to left on LF and Point Right Toe to right side (6:00)

### Section 4 - 25-32: Rock Step, Triple ½, Triple ½, Rock Step

4.0	
1-2	Rock forward on RF, Recover weight back on LF
3&4	Triple step turning ½ turn to right with RF-LF-RF
5&6	Triple step turning ½ turn to right with LF-RF-LF
7-8	Rock back on RF, Recover weight forward on LF

# Section 5 - 33- 40: Sway x 2, Side Triple, Sway x 2, Side Triple

1-2	Swav hips to	the right. Swa	ry hips to the left

Step RF to the right side, Step LF beside right, Step RF to the right side 3&4

5-6 Sway hips to the left, Sway hips to the right

7&8 Step LF to the left side, Step RF beside left, Step LF to the left side

Section 6 - 41-48: vaudeville x 2, Rocking Chair			
1&	Cross RF in n front of left, Step LF to the left side		
2&	Point RF forward slightly to the diagonal, Step RF beside left		
3&	Cross LF in front of right, Step RF to the right side		
4&	Point LF forward slightly to the diagonal, Step LF beside right		
5-6	Rock forward on RF, Recover weight back on LF		

### **START AGAIN**

# Séquense:

- \*1st wall 48 Counts, finishing at 6:00
- \*2nd wall 32 Counts, finishing at 12:00
- \*3rd wall Restart at count 8, finishing at 6:00
- \*4th wall 48 Counts, finishing at 12:00
- \*5th wall 32 Counts, finishing at 6:00
- \*6th wall 32 Counts, finishing at 12:00

.....32 Counts... till the end