Desnudos
Compte: 64 Mur: 4 Niveau: Intermediate
Chorégraphe: Arefen Ben Djunaed (INA) - November 2018
Musique: Quitémonos la Ropa - Dani J

## Start Dancing after 32 counts vocal

Intro Dance ( 36 Counts)
il. Walk \& Hold, Pivot, Turning Sweep
1-2 Step R forward - Hold
3-4 Step L forward - Hold
5-6 Step $R$ forward - Turn $1 / 2$ left moving weight on $L$
7-8 turning $1 / 2$ left stepping $R$ back - Sweeping $L$ from front to back
ill. Behind, Side, Cross \& Sweeping, Cross, Side, Behind \& Sweeping
1-2 Step $L$ behind $R$ - Step $R$ side
3-4 Cross $L$ over $R$ - Sweep $R$ from back to front
5-6 Cross $R$ over $L$ - Step $L$ side
7-8 Step $R$ behind $L$ - Sweep $L$ from front to back
illl. Behind, Side, Cross Recover, Long Step, Cross Recover
1-2 Step $L$ behind $R$ - Step $R$ side
3-4 Cross rock $L$ over $R$ - Recover on $R$
5-6 Long Step $L$ to side - Drag $R$ to $L$
7-8 Cross rock R over L - Recover on L
ilV. Long Step, Close, Body Wave, Shimmy
1-2 $\quad$ Long step $R$ to side - Drag $L$ to $R$
3-4 Close L to R - Hold
5-6 Body Wave
7-8 Shake your shoulders
Main Dance (64 Counts)
I. Basic Bachata Right, Triple Travelling Turn

1-2 $\quad$ Step $R$ to side - Close $L$ next to $R$
3-4 Step $R$ to side - Touch $L$ beside $R$
5-6 Turn $1 / 4$ left stepping $L$ forward - Turn $1 / 2$ left stepping $R$ back
Optional (Step L side - Close R next L)
7-8 Turn $1 / 2$ left stepping $L$ forward - Turn $1 / 2$ left stepping $R$ back
Optional (Step L side - Close R next to L)
II. Continue (Triple Travelling Turn), Touch, Syncopated Coaster Step Forward

1-2 Turn $1 / 4$ left stepping $L$ side - Touch $R$ beside $L$
Optional (Step L side - Touch R beside L)
3-4 Rock $R$ diagonal - Recover on $L$ (with torso roll)
5\&6 Step R in place diagonal - Step L in place - Step $R$ in place diagonal (with torso roll)
7-8 Step L forward - Close $R$ next to $L$
III. Continue (Syncopated Coaster Step Forward), Flick, Syncopated Coaster Step, Lock Shuffle

1-2 Step L back - Flick R over L
3-4 $\quad$ Step $R$ forward - Close $L$ next to $R$
5-6 Step R back - Flick L over R
7\&8
Step L forward - Lock R behind L-Step L forward
IV. Side Recover, Touch, Hold, Unwind, Shimmy

1-2 Rock $R$ to side - Recover on $L$
3-4 Touch R over L - Hold
5-6 Turn $3 / 4$ left
7\&8
Incline body slightly back and shaking your shoulders (body facing 03.00 head facing 12.00)

## V. Basic Bachata, Cuban Break

| $1-2$ | Turn $1 / 4$ left stepping $R$ side - Close $L$ next to $R$ |
| :--- | :--- |
| $3-4$ | Step $R$ side - Touch $L$ |
| $5 \& 6 \&$ | Cross rock $L$ over $R$ - Recover on $R$ - Rock $L$ side - Recover on $R$ |
| $7 \& 8$ | Cross rock $L$ over $R$ - Recover on $R$ - Step $L$ side |

VI. Rock Recover, Back Lock Shuffle, Rock Recover, Lock Shuffle

1-2 Rock R forward - Recover on L
3\&4 Step R back - Lock L over R - Step R back
5-6 Rock L back - Recover on R
7\&8 Step L forward - Lock R behind - Step L forward
VII. Side Recover, Triple Step (2x)

| $1-2$ | Rock $R$ side - Recover on $L$ (with sway) |
| :--- | :--- |
| $3 \& 4$ | Close $R$ next to $L$ - Step $L$ in place - Step $R$ in place |
| $5-6$ | Rock $L$ side - Recover on $R$ (with sway) |
| $7 \& 8$ | Close $L$ next to $R$ - Step $R$ in place - Step $L$ in place |

VIII. Pivot, Cross Rock Recover, Side Close, Body Wave, Shimmy

1-2 Step R forward - Turn $1 / 4$ left moving weight on $L$
3-4 Cross rock $R$ over $L$ - Recover on $L$
5-6 $\quad$ Step R side - Close L next to R
7-8 Wave body - Tap both heel

Tag
TI. Do 1st Tag after 32 counts on wall 1
1-4 $\quad$ Turn $1 / 4$ left Stepping $R$ long to side - Drag $L$
5-8 Stomp L beside R - Hold - Wave body
TII. Do 2nd Tag after wall 5
1-2 Step $R$ side - Step $L$ behind $R$
3-4 $\quad$ Step $R$ side - Touch $L$ beside $R$
5-6 $\quad$ Step $L$ side - Step $R$ behind $L$
7-8 $\quad$ Step $L$ side - Touch $R$ beside $L$

Restart
Do Restart on wall 3 after 32 counts and wall 6 after 32 counts.

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