Rock And Roll Girls

Niveau: Beginner / Improver

Chorégraphe: Jessica Townley (USA) - December 2018 Musique: Rock and Roll Girls - John Fogerty : (iTunes)

NO Tags or Restarts

Compte: 32

INTRO: 32 Counts start on vocals

STEP. LOCK. STEP BRUSH 12:00

- Step RF forward, lock LF behind, step RF forward, Brush LF 1-4
- 5-8 Step LF forward, lock RF behind, step LF forward, Brush RF

JAZZ BOX 1/4 TURN RIGHT CROSS, WEAVE 3:00

- Cross RF over LF, Step LF back, step right 1/4 turn, Cross LF over Right 1-4
- 5-8 Step R to the right, Step L behind Right, Step R to the side, Cross LF over Right

SIDE ROCK, CROSS & HOLD, SIDE ROCK, CROSS & HOLD 3:00

- RF Rock to the side, Recover on the LF, Cross RF over LF and Hold 1-4
- 5-8 LF Rock to the side, Recover on the RF, Cross LF over RF and Hold

PIVOT 1/2 TURN, KICK BALL CHANGE, TOE HEEL STRUTS 9:00

- 1-2 Step RF forward, turn left 1/2 turn weight shifts to the left foot
- 2-4 Kick RF forward, Recover weight to the ball of RF, Step LF next to RF
- 5-6 Step RF Toe and then Heel
- 7-8 Step LF Toe and the Heel

Notes: To make this a 2 wall dance remove the turn in the second sequence, replace With Jazz box cross, followed by a weave.

Dedicated to my Thursday dancers, the best group ever!

ENJOY!

Contact: J Townley: jnero919@yahoo.com





Mur: 4