Prod Groovy Room

Mur: 1 Niveau: Phrased Advanced Improver

Chorégraphe: Miko Yamamoto (INA), Yusni Zacharias (INA) & Shirley Kurniawati (INA) - November 2018

Musique: NOAH (feat. Jay Park [박재범] & Hoody) - HAON

Sequence of dance: A-A-B-B (16 Count)-AAB-CCB-AAB-TAG-A-A(8 Count)-A1(8 CCount)-B(16 Count)

PART A (32 Count)

Compte: 80

SECTION A1: CROSS OVER, SIDE, SIDE (RIGHT, LEFT), FORWARD LOCK, FORWARD LOCK SHUFFLE

- 1a2 Cross R over L, Step L to side, Step R to side
- 3a4 Cross L over R, Step R to side, Step L to side
- 4-6 Step R forward, Lock L behind R
- 7&8 Step R forward, Lock L behind R, Step R forward

SECTION A2: SYNCOPATED CROSS SHUFFLE, SIDE MAMBO (RIGHT, LEFT)

- 1&2& Cross L over r, Step R to side, Cross L over R, Step r to side
- 3&4 Cross L over R, Step r to side, Cross L over R
- 5&6 Rock R to side, Recover on L, Step R next to L
- 7&8 Rock L to side, Recover on R, Step L next to R

SECTION A3: FORWARD, KICK, 1/2 LEFT SAILOR COASTER, FORWARD & BACKWARD SAMBA

- 1-2 Step R forward, Kick L forward
- 3&4 Cross L behind R while turning ½ to L, Step R to side, Step L forward
- 5&6 Rock R forward, Recover on L, Step R next to L
- 7&8 Rock L back, Recover R, Step L next to R

SECTION A4: CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, PIVOT ½ TURN LEFT, TURN ½ RIGHT

- 1&2 Cross rock R over L, Recover on L, Step R to side
- 3&4 Cross rock R over L, Recover on L, Step R to side
- 5-6 Step L forward, Pivot ¼ R
- 7-8 Turn 1/8 R, Turn 1/8 R

PART B (32 Count)

SECTION B1: FULL VOLTA TURN (LEFT, RIGHT)

- 1& Make 1/4 turn L step L forward, Step on ball of R in place
- 2& Make 1/4 turn L step L forward, Step on ball of R in place
- 3& Make 1/4 turn L step L forward, Step on ball of R in place
- 4 Make 1/1 turn L step L forward
- 5& Make 1/4 turn R step R forward, Step on ball of L in place
- 6& Make 1/4 turn R step R forward, Step on ball of L in place
- 7& Make 1/4 turn R step R forward, Step on ball of L in place
- 8 Make 1/1 turn R step R forward

SECTION B2: OUT, OUT, BEND KNEE, BEND KNEE

- 1-4 L out, R out, Bend both knee, Return to position
- 5&6 Bend R arm&push R, L, R
- 7&8 Bend L arm&push L, R, L

SECTION B3: SWIVEL (RIGHT, LEFT)

1-4 Swivel both toe to R side, Swivel both heel to R side, Swivel both toe to R side, Swivel both heel to R side





5-8 Swivel both toe to L side, Swivel both heel to L side, Swivel both toe to L side, Swivel both heel to L side

SECTION B4: (FISH TAILS)X2

- 1-4 Step R forward diagonnaly R, Touch L beside R, Step L forward diagonally L, Touch R beside L
- 5-8 Step R back diagonally L, Touch L beside R, Step L back diagonnaly R, Touch R beside L

PART C (16 Count)

SECTION C1: (KICK BALL TOUCH)X2, BACK SHUFFLE (RIGHT, LEFT)

- 1&2 Kick R forward, Step on ball of R next to L, Touch L outside L
- 3&4 Kick L forward, Step on ball of L next to R, Touch R outside R
- 5&6 Step R back, Cross L over R, Step R back
- 7&8 Step L back, Cross R over L, Step L back

SECTION C2: FORWARD, TURN ½ RIGHT, TURN ½ RIGHT FORWARD LOCK SHUFFLE, TOUCH OUTSIDE, TOUCH BESIDE (LEFT, RIGHT)

- 1-2 Step R forward, Make ¹/₂ turn R step L back
- 3&4 Make ¹/₂ turn R step R forward, Lock L behind R, Step R forward
- 5&6& Touch L outside L, Step L next to R, Touch R outside R, Step R next to L
- 7-8 Big step L to side while drag R toward L, Step R next to L

Have Fun!

TAG: (4 Count)

1-4 Hip Bumps (4 count) right arm straight forward, left palm on head

For more informations about this dance please contact me at: febe.yamamoto@yahoo.com