

# Full Time Woman

**COPPER** KNOB  
STEPPERS

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Frank Heelan (IRE) - January 2019

Musique: More Where That Came From - Cliona Hagan



Intro: 16 Counts

Restarts 2: --

First Restart on wall 3 dance first 24 counts and Restart facing 6.00.

Second Restart on wall 6 dance first 24 counts and Restart facing 12.00.

**Sec 1: Cross rock, side rock, back rock, side, coaster step, turn, turn.**

- 1&2& Cross rock right over left, recover to left, rock right to right, recover to left.
- 3&4 Rock right behind, recover to left, step right to right.
- 5&6 Step back left, right together, forward left.
- 7-8 Pivot ½ right (Weight to right) turn ½ right stepping back on left. (12.00)

**Sec 2: Sailor step, behind turn step, step turn step, ball step, step.**

- 1&2 Sweeping right behind left, recover to left, step right to right.
- 3&4 Step left behind, turn ¼ right stepping forward right, forward left. (3.00)
- 5&6 Step forward right pivot ½ left stepping on left, forward right.
- &7-8 Step on ball of left, step forward ,right , left.

**Sec 3: Mambo step, back, back, back, coaster step, step turn cross.**

- 1&2 Rock forward on right, recover to left, step right next to left.
- 3&4 Run back, left, right, left.
- 5&6 Step back on right, left together, forward right.
- 7&8 Step forward on left, pivot ¼ right, cross left over right. (12.00)

**Sec 4: Chasse right, sailor ¼ left, shuffle ½ turn, shuffle ½ turn.**

- 1&2 Step right to right, left together, right to right
- 3&4 Sweeping left around behind right turning ¼ left, step right to right, recover to left.
- 5&6 Turn ¼ left, step right to side, left together, turn ¼ left, step back right.
- 7&8 Turn ¼ left, step left to side, right together, turn ¼ left step forward left. (9.00)

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)