

Changing!

Compte: 58

Mur: 2

Niveau: Intermediate +

Chorégraphe: Stephen Paterson (AUS) - November 2018

Musique: Changing - Conrad Sewell : (Single - iTunes)



Tags and Restarts, 106 BPM, Start dance after 16 counts on the word 'Broke'

[1-8] Side, Rock Back, Recover, Side, Behind, Quarter Forward, Full Turn, Lunge Rock Across

- 1 2 3 4 Step right out to side, rock step left behind right, recover forward onto right in place, step left out to side
- 5 6 Step right behind left, turn 1/4 left then step left forward - 9.00
- & 7 Turn 1/2 left then step right back (&), turn 1/2 left then step left forward
- 8 Lunge Rock Right across left - 9.00

[9-16] Recover, Sweep Five Eighths Hook, Cross, Hold, Side, Behind, Side, Across, Side, Rock Back, Recover

- 1 Recover weight back onto left in place, starting your 5/8 right turn, sweeping right out and around
- 2 Finish your 5/8 right turn by hooking right up to left shin - 4.30
- 3 4 Step right across left, hold
- & 5 & Step left out to side (&), step right behind left, step left out to side (&),
- 6 & Step right across left, step left out to side (&) - 4.30
- 7 8 Rock step right back with left toes pointed forward, recover forward onto left in place - 4.30

[17-24] Forward, Lock, Forward, Press Rock Forward, Recover, Back, Lock, Back, Rock Back, Recover

- 1 2 & Step right forward, lock left in behind right, step right forward (&)
- 3 4 Press rock ball of left forward, recover weight back onto right in place
- 5 & 6 Step left back, lock right back across left (&), step left back
- 7 8 Rock right back (opening shoulders to 7.30), recover weight forward onto left in place - 4.30

[25-32] Half Back, Sweep Eighth, Behind, Side, Cross, Sway Side, Recover, Behind, Quarter Forward

- 1 2 Turn 1/2 left then step right back, sweep left out to side turning 1/8 left - 9.00
- 3 & 4 Step left behind, step right out to side (&), step left across right
- 5 6 Sway step right out to side, sway recover weight onto left in place
- 7 8 ** Step right behind left, turn 1/4 left then step left forward ** - 6.00

[33-40] Right Scissor, Cross, Quarter, Half, Step, Pivot Quarter, Cross Shuffle (This 8 counts is your long tag)

- 1 2 3 4 Step right out to side, step left beside right, step right across left, turn 1/4 right then step left back
- & 5 6 Turn 1/2 right then step right forward (&), step left forward, pivot 1/4 right taking weight onto right in place
- 7 & 8 * Step left across right, step right slightly to side (&), step left across right * - 6.00

[41-48] Rock Right Side, Recover, Behind, Quarter Forward, Step, Three Quarter Pivot, Side, Behind, Side, Cross

- 1 2 Rock step right out to side, recover weight onto left in place,
- 3 4 Step right behind left, turn 1/4 left then step left forward
- & 5 6 Step right forward (&), pivot 1/2 left taking weight onto left in place, turn 1/4 left then step right out to side
- 7 & 8 Step left behind right, step right out to side (&), step left across right - 6.00

[49-58] Quick Scissor Cross, Quick Scissor Cross, Back, Half, Step, Pivot Half, Walk, Walk

- 1 & 2 Step right out to side, step left beside right (&), step right across left

3 & 4	Step left out to side, step right beside left (&), step left across right
5 6	Step right back, turn 1/2 left then step left forward
7 8	Step right forward, pivot 1/2 left taking weight onto left in place
9 10	Step right forward slightly across left, step left forward slightly across right - 6.00

SEQUENCE:

After wall 1 add your long tag (counts 33-40) facing back wall

Wall 2 dance up to count 40 then restart * facing front wall

After wall 3 add your long tag (counts 33-40) facing back wall

Wall 4 dance up to count 32 then restart facing front wall**

Wall 5 dance up to count 40 then restart* facing back wall

Wall 6 dance up to count 32, then dance counts 49-58 then add a 4 count right jazz box cross small tag**

ENDING: On wall 7 (starts front wall) dance to count 46, turn 1/2 left step left out to side, drag right to left.

This is an original dance sheet, feel free to copy without change for distribution sheet, feel free to copy without change for distribution.
