

Rake It Up

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Evan VanScoyk (USA) & Jake Wood - January 2019

Musique: Rake It Up (feat. Nicki Minaj) - Yo Gotti



STOMP LEAN & ROCK (RIGHT, LEFT), SLIDE BACK TOGETHER (RIGHT, LEFT)

- 1 2 R stomp forward (with R shoulder lean), R shoulder rock
- 3 4 L stomp forward (with L shoulder lean), L shoulder rock
- 5 6 R slide back, L together
- 7 8 L slide back, R together

SUGAR FOOT STOMP (RIGHT, LEFT, RIGHT, LEFT)

- 1&2 Touch R toe next to L, turn R toe out & touch R heel next to L, stomp R forward
- 3&4 Touch L toe next to R, turn L toe out & touch L heel next to R, stomp L forward
- 5&6 Touch R toe next to L, turn R toe out & touch R heel next to L, stomp R forward
- 7&8 Touch L toe next to R, turn L toe out & touch L heel next to R, stomp L forward

HITCH & TURN, SHOULDER LEAN & ROCK (RIGHT, LEFT)

- 1&2 R hitch & turn ½ clockwise, step R down forward
- 3&4 Shoulder lean and rock (facing ¼ left)
- 5&6 L hitch & turn ½ clockwise, step L down forward
- 7&8 Shoulder lean and rock (facing ¼ right)

STEP & SLIDE (RIGHT, LEFT), TOE-HEEL SWIVELS (OUT, IN)

- 1 2 Step R out to right, slide L together
- 3 4 Step L out to left, slide R together
- 5&6 Turn toes of both feet out, turn heels of both feet out. turn toes of both feet out
- 7&8 Bring toes of both feet in, bring both heels back to center, bring toes of both feet back to center.

For questions or more dances find me on [@EvanVChoreography](#) on FB