

# Uprising

**COPPER** KNOB  
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Julie Snailham (ES) - January 2019

Musique: Uprising - Muse



Intro: at Count 40 on this version which the dance is choregraphed to

**\*\* Dance without the ¼ turn R at Section 3 to make a one wall dance for AB Dancers \*\***

## SECTION 1: STEPS FORWARDS WITH BRUSHES

- 1-2 Step forward on R, brush L forward
- 3-4 Step down on L, brush R forward
- 5-6 Step down on R, brush L forward
- 7-8 Step down on L, brush R forward

## SECTION 2: WALKS BACK WITH TOUCH, GRAPEVINE LEFT WITH TOUCH

- 1-2 Step back on R, step back on L
- 3-4 Step back on R, touch L beside R
- 5-6 Step L to L side, step R behind L
- 7-8 Step L to L side, touch R next to L

## SECTION 3: GRAPEVINE RIGHT TURNING ¼ RIGHT TOUCH, LEFT V STEP WITH TOUCH

- 1-2 Step R to R side, step L behind R
- 3-4 Step R to R side turning ¼ R, touch L next to R
- 5-6 Step forward and out on L, step forward and out on R
- 7-8 Step back on L, touch R next to L

## SECTION 4: RIGHT V STEP, RIGHT ROCKING CHAIR

- 1-2 Step forward and out on R, step forward and out on L
- 3-4 Step back on R, step back on L next to R
- 5-6 Rock forward on R, recover on L
- 7-8 Rock back on R, Recover on L

Live, Love, Dance

Julie Snailham - Email [snailham56@yahoo.co.uk](mailto:snailham56@yahoo.co.uk) or facebook Julie Snailham