

# Shallow

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Kairit Linnaste (USA) - January 2019

Musique: Shallow - Lady Gaga & Bradley Cooper : (3:36)



First Tag after wall 2, Second Tag after wall 6

## **SIDE, BACK ROCK, RECOVER, CHASSE, ROCK STEP, 1/2 SHUFFLE TURN**

- 1-2-3      LF step to L, RF rock behind LF, recover to LF
- 4&5      RF step to R, LF together, RF step to R
- 6-7      LF rock forward, RF rock back onto RF
- 8&1      LF step with 1/2 turn to L, RF together, LF step forward

## **3/4 TRAVELLING BACKWARD, ROCKING CHAIR**

- 2-3-4      RF step back with 1/4 turn to L, LF step back with 1/2 turn to L, RF step forward
- 5-6-7-8      LF rock forward, RF step in place, LF rock back, RF step in place

## **STEP, 1/4 SIDEROCK, CROSS, SIDE, ROCK STEP\*, STEP, ROCK STEP\*, 1/4 STEP**

- 1&2      LF step forward, RF rock with 1/4 turn L, LF step in place
- 3-4      RF cross over LF, LF step to L side
- 5-6-7      RF rock back, LF step in place, RF step to R
- 8-1-2      LF rock back, RF step in place, LF step back turning 1/4 R

**\*while doing rock step rotate your upper body and do the rock step slightly diagonally**

## **1/4 SAILOR STEP, 2x 1/4 SAMBA BASIC**

- 3&4      RF cross behind L with 1/4 turn to R, LF step to L, RF step forward
- 5&6      LF longer step forward, RF step with 1/4 turn to L, LF together
- 7&8      RF step back with 1/4 turn L, LF to R side, RF together

## **START AGAIN**

First Tag after wall 2, second tag after wall, special ending in the end :)

### **\*TAG 1**

## **2x WALK, SHUFFLE, ROCK STEP WITH 1/2 TURN, FULL TRIPLE TURN, PIVOT**

- 1-2      LF step forward, RF step forward
- 3&4      LF small step forward, RF together with the limping like motion, LF small step forward
- 5-6      RF rock forward, LF recover but turning 1/2 to R
- 7&8      RF step forward with 1/2 turn R, LF step with 1/2 turn R, RF step forward
- 1-2      LF step forward pivoting 1/2 to R, RF step in place

## **SWAY, 2x SAILOR STEP**

- 3-4      LF step to side, sway hips to L and R bringing weight onto RF
- 5&6      LF cross behind RF, RF step to R side, LF step to L side
- 7&8      RF cross behind LF, LF step to L side, RF step to R side

### **\*TAG 2**

For the first 10 counts steps are the same

## **2x WALK, SHUFFLE, 1/2 ROCK STEP TURN, FULL TRIPLE TURN, PIVOT**

- 1-2      LF step forward, RF step forward
- 3&4      LF small step forward, RF together with the limping like motion, LF small step forward
- 5-6      RF rock forward, LF recover but turning 1/2 to R
- 7&8      RF step forward with 1/2 turn R, LF step with 1/2 turn R, RF step forward

1-2                    LF step forward pivoting 1/2 to R, RF step in place

**SHUFFLE, SPIRAL TURN TO LEFT, SHUFFLE**

3&4                    LF step forward, RF together, LF step forward

5-6                    RF step forward, full turn to L staying on RF, crossing LF over RF

7&8                    LF step forward, RF step together, LF step forward

**1/8 DIAMOND, 1/8 COASTER STEP, 1/8 DIAMOND, 1/8 COASTER STEP**

1&2                    cross RF over LF slightly starting the turn to R, LF step back continuing the turn, RF step back ending the 1/8 turn (1:30)

3&4                    LF step back, RF together, LF step forward - steps with small turn to face 3:00

5&6                    cross RF over LF slightly starting the turn to R, LF step back continuing the turn, RF step back ending the 1/8 turn (4:30)

7&8                    LF step back, RF together, LF step forward - steps with small turn to face 6:00

**ROCK STEP, STEP 1/2 TURN, PADDLE TURNS\***

1-2                    RF rock forward, LF step in place

3&4&5&6&7&8& RF step back with 1/2 turn to R, while staying on the RF paddle with LF 1/2 turns as much as music or head allows - end the turns to the front wall

**\*while doing the paddles hold your palms upwards and raise your hands from the side from down diagonal to up diagonal**

**Continue dancing the main part**

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