Let Me Down Slowly

Compte: 32

Niveau: Intermediate

Chorégraphe: Stina-Eliza Sild - January 2019

Musique: Let Me Down Slowly - Alec Benjamin

Intro : 06 seconds, starts with word This night	
Body roll to R , R point, weave and cross, unwind, R sweep, cross, step R to right, step L behind R, 1/4 step to	
1&	press R to right diagonal while doing body roll(1), bring weight to L(&)
2	point R to right diagonal (in the air)
3&4	step R behind L(3),step L to left side(&), cross R over L and unwind doing full turn(4)
5	step L fwd(5)
6&7	sweep R fwd. and cross R over L(6), step L back(&), step R to right side(7)
8&	step L behind R (12.00)(8), step R 1/4 to right (15.00)(&)
L step , R step, L rock , step together, step back R,L(5-6), run backwards R,L(7&), R step fwd	
1	step L fwd (15.00)
2	step R fwd
3&4	rock fwd on L, turn your head to the left side(weight on L)(3), bring weight on R(&), step L next to R(4)
5	step R back
6	step L back
7&	run back R, L
8&	step R fwd(8), weight back to L(&)
L sweep, L over R, step R back, L next to R, R sweep, R behind L, L to left, step R fwd, L rock, step together, 1/2 turn	
1	step R fwd and L sweep fwd
2&	step L over R(2), step R back(12.00)(&)
3	bring L next to R while doing R sweep(from front ot back)facing 12.00
4&5	step R behind L(4), step L to left side(&), step R fwd(5)
6&	L rock fwd(6), weight back to R(&)
7	step L next to R
8	1/2 turn with legs together(on toes)(over L shoulder)
R back, L fwd, R fwd, hold, cross L over R, hold, unwind full turn	
1	step R back (weight on R) and turn your head to the sky
2	step L fwd
3	step R fwd.
4	hold
5	cross L over R
6	hold
7,8	unwind full turn(over R shoulder)(on 8 weight on L)





Mur: 2