City On Our Knees

Niveau: Intermediate



Compte: 48 Mur: 2 Chorégraphe: Rep Ghazali (SCO) - March 2019 Musique: City On Our Knees - TobyMac

#16 count intro

[01-08] R PUSH ¼ TURN-L RECOVER ¼ TURN, R TRIPLE ¾ L, L CROSS ROCK-RECOVER, L SIDE ROCK-RECOVER, L BEHIND-R SIDE-L CROSS

- 1-2 ¹/₄ Right by stepping Right to Right and pushing Right hip to Right (3), ¹/₄ turn Left recover on Left (12)
- 3&4 triple ³/₄ turn Left by stepping Right-Left-Right (3)
- 5&6& cross rock Left over Right, recover on Right, side rock Left to Left, recover on Right
- 7&8 step Left behind Right, step Right to Right, cross Left over Right (3)

[09-16] R PADDLE ¼ TURN X2, R KICK BALL POINT ¼ TURN, ¼ TURN -POINT-¼ TURN-POINT, AND R BACK-L DRAG

- hitch up on Right, ¼ turn Left point Right to Right (12), hitch up on Right, ¼ turn Left point Right to Right (9)
- 3&4 kick Right forward, ¼ turn Right by stepping Right to Right, point Left to Left (12)
- &5 ¹/₄ turn Left by stepping Left beside Right, point Right to Right (9)
- &6 1/4 turn Right by stepping Right beside Left, point Left to Left (12)
- &7-8 step Left together, big step back on Right, dragging Left up towards Right and step Left beside Right (12)

[17-24] R FWD-TOUCH-SWEEP R, R SAILOR ½ TURN CROSS, ¾ TURN, L TRIPLE ½ TURN

- 1&2 step forward Right, touch Left behind Right, sweep Right from front to back
- 3&4 ¹/₂ turn Right by stepping Right behind Left, step Left to Left, step Right to Right (12)
- 5-6 ¹/₄ turn Left by stepping forward Left (3), ¹/₂ turn Left by stepping back Right (9)
- 7&8 triple ½ turn Left by stpping Left-Right-Left (3)

[25-32] R SIDE-L ROCK BACK-R RECOVER, L SIDE, R BEHIND-¼ TURN-R FWD, L FWD-½ TURN-L FWD, SPIRAL FULL TURN L

- 1-2& step Right to Right side, Left rock back, recover on Right
- 3-4&5 step Left to Left side, step Right behind Left, ¼ turn Left by stepping forward Left (12), step forward Right (12)
- 6&7 step forward Left, ½ pivot turn Right, step forward Left (6)
- 8 step forward Right and make spiral full turn Left (6)

[33-40] L SHUFFLE FWD, R CROSS-L BACK-R BACK, L BACK-¼ TURN R-R FWD, ½ TURN-L TOUCH-L FWD

- 1&2 step forward Left, step Right together, step forward Left
- 3&4 cross Right over Left, step back Left, step back Right
- 5&6 step back Left, ¹/₄ turn Right by stepping Right to Right side, step forward Left (9)
- 7&8 ¹/₂ turn Left by stepping back Right, touch Left across Right, step step Left (3)

[41-48] R CROSS ROCK-RECOVER-AND, L CROSS ROCK-RECOVER-¼ TURN, ½ TURN-L BACK, FULL TURN R

- 1-2& cross rock Right over Left, recover on Left, step Right together
- 3-4& cross rock Left over Right, recover on Right, ¼ turn Left by stepping forward Left (12)
- 5-6 ¹/₂ turn Left by steeping back Right (6), step back Left (6)
- 7-8 ¹/₂ turn Right by stepping forward Right, ¹/₂ turn Right by stepping back Left (6)

Non Turner: walk back Right-Left



Tag: at the end of 5th wall - add Right rock back, recover on Left and restart facing back wall