Forever a Star (P)



Compte: 54 Mur: 0 Niveau: Improver Partner

Chorégraphe: Dick Rogers (USA) & Nancy Rogers (USA) - March 2019

Musique: Let the Light Shine On You - Doug Stone

ou: any slow to medium tempo waltz



A waltz for Susan. You are a star!

Note: Steps are for Lead; Follow steps opposite, except where noted.

Starting position: Apart and facing; Lead facing wall and Follow facing center.

WOULD YOU LIKE TO DANCE? / NOT NOW, THANKS / HOW ABOUT NOW? / OK

1-3	tep LF fwd, step RF beside LF, transfer weight to LF (pattycake with both hands	.)

Step RF back, step LF beside, transfer weight to RF (separate to apart) 4-6

1-3 Step LF fwd, step RF beside LF, transfer weight to LF (close to ballroom hold)

4-6 Settle together and transfer weight to Lead's RF and Follow's LF (take a moment to pause

and adjust hold so ready to start waltz box)

STAR: LEFT TURNING WALTZ BOX

1-3 Step LF 1/4 L fwd (toe out), swing RF to R, step LF beside RF 4-6 Step RF 1/4 L back (toe in), swing LF to L, step RF beside LF

1-6 Repeat 1-6 above (end with Lead facing wall and Follow facing center)

FIRST 1/4 OF LEFT TURNING WALTZ BOX, OUTSIDE UNDERARM TURN TO SIDE-BY-SIDE

1-3 Step LF ¼ L fwd (toe out), swing RF to R, step LF beside RF

4-6 Lead: Raise LH to lead outside turn and step back on RF, LF beside RF, trans weight to RF Follow: Step fwd on LF, step 1/4 turn R on RF, turn 1/4 R and step LF beside RF ending in side-by-side with inside hands joined

CLOSE TO PATTYCAKE, OPEN, CLOSE, INSIDE TURN TO SIDE-BY-SIDE FORWARD

Step LF 1/4 L fwd (toe out) and start to close to pattycake with RH/LH, swing RF to R, step LF 1-3

beside RF (end facing in butterfly position)

4-6 Step RF ¼ R fwd (toe out) and start to open to back-to-back, swing LF ¼ R to L side, step RF

beside LF (end back-to-back with arms spread to sides)

1-3 Step LF ¼ L fwd (toe out) and start to close to pattycake with RH/LH, swing RF ¼ L to R

side, step LF beside RF

(end facing in butterfly position)

Lead: Step RF 1/4 R fwd leading FW into inside turn fwd, step fwd LF, step fwd RF (punch 4-6

through with LH/RH)

Follow: Step LF 1/4 L fwd, pivot 1/2 L on ball of LF and transfer weight to RF (end back to LOD), pivot 1/2 L on ball of RF and transfer weight to LF (end facing LOD in side-by-side position with inside hands joined)

STEP FWD, SIDE ROCK AND CLOSE, RECOVER, CROSS STEP AND TURN 1/4 R

Step fwd LF and prep J-lead (1), turn ¼ L and J-lead to initiate turn for FW to face LD (&). 1&2-3

rock step RF to R and bring FW in to closed hold (2), recover on LF (do not move LF from

previous position) (3)

Cross step RF over LF, turn ¼ R and step LF to L, step RF beside LF (maintain closed hold; 4-6

end facing LOD)

STEP BACK AND TURN ¼ (2nd ¼ OF RIGHT TURNING WALTZ BOX), SEPARATE TO FACING APART

1-3 Step LF 1/4 R back (toe in), step RF to R, step LF beside RF

4-6 Lead: Step RF fwd and initiate separation, rock back on LF and separate to facing apart, step

RF beside LF

Follow: Step back on LF, step RF beside LF, step in place and transfer weight to LF

START OVER

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