Walking Old Friend EZ



Compte: 64

Mur: 4

Niveau: Phrased Beginner

Chorégraphe: Angéline Fourmage (FR), Maryse Fourmage (FR) & Aëla Fourmage (FR) - June 2019

Musique: Old Friend - Elderbrook

Start : 40 counts (20s approximately) Part A : 32 counts Part B : 32 counts Sequence : A-B-A-A-B-A-A-A-A-A-A

Part A

- [1-8] Point, Point, V-Step FW
- 1-2 Point RF to R side, RF next to LF
- 3-4 Point LF to L side, LF next to RF
- 5-6 RF on R diagonal FW, LF on L diagonal FW
- 7-8 RF Back, touch LF next to RF

[9-16] Point, Point, V-Step Back

- 1-2 Point LF to L side, LF next to RF
- 3-4 Point RF to R side, RF next to LF
- 5-6 LF on L diagonal Back, RF on R diagonal Back
- 7-8 LF FW, Touch RF next to LF

[17-24] Step Turn 1/2 L, Step, Touch, Step, Touch

- 1-2 RF FW, Make ½ L (Weight is on LF)
- 3-4 RF on R diagonal FW, Touch LF next to RF
- 5-6 LF on L diagonal FW, Touch RF next to LF
- &7&8 RF back, Touch LF next to RF, LF Back, Touch RF next to LF

[25-32] Jazz-Box ¼ R, Mambo Cross, Mambo Cross

- 1-2 Cross RF over LF, LF Back
- 3-4 Make ¼ R with RF to R side, LF FW
- 5&6 Cross RF over LF, Recover to LF, RF to R side
- 7&8 Cross LF over RF, Recover to RF, LF to L side

Part B

[1-8] Step, Hold, Rock-Step, Weave

- 1-2 RF to R side, Hold
- 3-4 LF behind RF, Recover to RF
- 5-6 LF to L side, RF behind LF
- 7-8 LF to L side, Cross RF over LF

[9-16] Step, Hold, Walk circle 1/2 R

- 1-2 LF to L side, Hold
- 3-4 RF behind LF, Recover to LF
- 5-8 Walk circle ½ R (RF, LF, RF, LF)

[17-24] Vine, Touch, Vine, Touch

- 1-2 RF to R side, LF behind RF
- 3-4 RF to R side, Touch LF next to RF
- 5-6 LF to L side, RF behind LF
- 7-8 LF to L side, Touch RF next to LF

[25-32] Walk FW, Heel Twist, Walk Back, Heel Twist



- 1-2 RF FW, LF FW
- 3-4 Twist L heel L out, Twist L heel back in center
- 5-6 LF Back, RF Back
- 7-8 Twist R heel R out, Twist R heel back in center

NOTA : RF = Right Foot, LF = Left Foot, FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com Last Update - 24 June 2019