S.O.S.

Mur: 4

Niveau: Beginner / Improver

Compte: 32 Chorégraphe: Cody James Lutz (USA) - June 2019 Musique: VHS - Thomas Rhett



This dance can be taught as beginner, but there's also a lot of of styling options that can be sprinkled in to make it a fun improver! Don't be intimidated - they're all very obvious in the music! Have fun with it!

#16 Count Intro.

(1-8) STEP, HEEL SWIVEL, COASTER, STEP, TOUCH, BACK, TOUCH

- 1&2 Step fwd on R, swivel both heels R, swivel heels back to center (12)
- 3&4 Step back on R, step L together, step fwd on R (12)

(Important Note: Body should be angled towards R wall (3:00) on Counts 5-16, w/ head facing forward (12:00) 56 Step fwd on L angling LF towards R diagonal, touch R slightly behind L (12)

78 Step back on R, touch L next to R (12)

(Harder option for 5-8: CROSS, LOCK, FULL-UNWIND, esp. on Wall 1 on lyrics "rolling through")

Cross L in front of R (5), lock R behind L (6), full-unwind R taking weight on R (78) 5678

(Styling: On 1&2, esp. on Wall 1 on lyric "top down": both hands open in front of body chest-height w/ palms down (1), move both hands to right (&), move hands back to center pushing slightly down (2)

(9-16) STEP, LOCK & DIP, STEP, TOUCH BEHIND, STEP BACK/TOUCH (x2)

- 12 Step fwd on L angling LF towards R diagonal, lock R behind L slightly dipping body (12)
- 34 Step fwd on L angling LF towards R diagonal, touch RF behind L (12)
- 56 Step back diagonal R, touch L next to R (12)
- 78 Step back diagonal L, touch R next to L (12)*

(Styling: On Count 12, snap R finger across body (roll the dice) or both fingers to sides & flick R behind L)

(17-24) OUT, HEEL-TOE WALK-IN, TOUCH, 1/4-STEP, TOE-HEEL WALK-IN, TOUCH

- 1&2 Step R to R side, walk LF in towards RF heel, toe (12)
- &34 Continue walking LF in towards RF heel, toe, touch L next to R (12)
- 5&6 Make a 1/4-turn L stepping L fwd at L diagonal, walk RF in towards LF toe, heel (9)
- &78 Continue walking RF in towards LF toe, heel, touch R next to L (9)

(25-32) HEEL SWITCHES, STEP, 1/4 PIVOT, HEEL SWITCHES, STEP, 1/4 PIVOT

- R heel fwd, R together, L heel fwd, L together (9) 1&2&
- 34 Step fwd on R, pivot 1/4 turn L taking weight on L (6)
- 5&6& R heel fwd, R together, L heel fwd, L together (6)
- Step fwd on R, pivot 1/4 turn L taking weight on L (3) 78

*Restart on Wall 4 after 16 counts (starting on, and restart at, 9:00)

SPECIAL STYLING ON COUNTS 13-16: You have SEVERAL options throughout the song:

Wall 1 - "spending all our money": one palm down/one palm up, like you're flicking money fwd

Walls 2/6/9/10 - "I felt my whole body": run both hands down body

Wall 5, guitar lick: step back and hit your best air guitar!!

Wall 8, "look at me that way": point two fingers at each eye, then away, then back at yourself