

Love and Capoeira

Compte: 48

Mur: 4

Niveau: Low Improver



Chorégraphe: Tom Inge Soenju (NOR) - June 2019

Musique: Amore e Capoeira (feat. Giusy Ferreri & Sean Kingston) - Takagi & Ketra

Music Available on iTunes, Google Play and Amazon.

Note: The level is put as low improver due to tags and restart.

Intro: 32 counts (from drums, start on lyric)

Sequence: Repeating sequence.

Tag/Restart: Tag after end of wall 2 (F6:00) and 3 (F9:00) and 1 restart in 5th wall after 36 counts (F6:00).

End: The music ends after 16 count in wall 6. Then step fwd on RF and do a ½ L Pivot to front and pose.

Section 1 [1-8]: POINT FWD, POINT SIDE, SAILOR STEP, POINT FWD, POINT SIDE, ¼ L SAILOR TURN

- 1 - 2 Point R toes fwd, Point R toes to R side
- 3 & 4 Step RF behind LF, Step LF slightly to L side, step RF to R side
- 5 - 6 Point L toes fwd, Point L toes to L side
- 7 & 8 ¼ L turn stepping back on LF, RF to R side, LF to L side

Section 2 [9-16]: ROCK/REC, COASTER STEP x2

- 1 - 2 Rock fwd on RF, Recover weight onto LF
- 3 & 4 Step back on RF, Step LF next to RF, Step RF fwd
- 5 - 6 Rock fwd on LF, Recover weight onto RF
- 7 & 8 Step back on LF, Step RF next to LF, Step LF fwd

Section 3 [17-24]: SIDE-TOGETHER, CHASSE, CROSS ROCK/REC, ¼ L CHASSE TURN

- 1 - 2 Step RF to R side, Step LF next to RF
- 3 & 4 Step RF to R side, Step LF next to RF, Step RF to R side
- 5 - 6 Cross rock LF over RF, Recover weight onto RF
- 7 & 8 ¼ L chassé turn stepping on LF, Step RF next to LF, Step fwd on LF

Section 4 [25-32]: WALK x2, KICK-STEP, COASTER STEP, WALK x2

- 1 - 2 Step fwd on RF, Step fwd on LF
- 3 - 4 Kick RF fwd, Step back on RF
- 5 & 6 Step back on LF, Step RF next to LF, Step LF fwd
- 7 - 8 Step fwd on RF, Step fwd on LF

Section 5 [33-40]: SIDE-TOE STRUT x2, SWAY x4

- 1 - 2 Touch R toes to R side, Step R heel down
- 3 - 4 Touch L toes to L side, Step L heel down

Restart here in wall 5

- 5 - 8 Recover weight onto RF, LF, RF, LF

Section 6 [41-48]: CROSS ROCK/REC, ¼ R CHASSE TURN, STEP, ½ R PIVOT, FWD SHUFFLE

- 1 - 2 Cross Rock RF over LF, Recover weight onto LF
- 3 & 4 ¼ R chassé turn stepping on RF, Step LF next to RF, Step RF fwd
- 5 - 6 Step fwd on LF, ½ R turn (weight on RF)
- 7 & 8 Step fwd on LF, Step RF next to LF, Step fwd on LF

TAG 1 [1-4]: Tag after end of wall 2 and 3

CROSS POINT, BACK DIAG POINT X2

- 1 - 2 Point R toes across LF, Point R toes back to R diag
- 3 - 4 Point R toes across LF, Point R toes back to R diag

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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