

Ignore The Voices

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Kumari Tugnait (UK) - July 2019

Musique: The Way I Feel - Keane : (Album: Cause and Effect - Deluxe - iTunes - The album is due for release September 2019)

Intro: Start on the word "said" when the lyrics start "Well they said you were a bright child" (approximately 16 seconds in from the start of the track)

RIGHT SIDE TOE STRUT, ROCK BACK LEFT RECOVER, LEFT VINE ½ LEFT, RIGHT SCUFF

- 1 - 2 Touch right toes to right side, step down on right
- 3 - 4 Rock back left foot behind right, recover on right
- 5 - 6 Step left to left side, step right behind left
- 7 - 8 ¼ turn left stepping forward on left, ¼ turn left scuffing right forward

RIGHT STEP HOLD, BALL SIDE TOUCH LEFT, LEFT VINE ¼ LEFT, RIGHT SCUFF

- 1 - 2 Step right to right side, hold
- & 3 - 4 Step left beside right, step right small step to right side, touch left beside right
- 5 - 8 Step left to left side, step right behind left, ¼ turn left stepping forward on left, scuff right forward

STEP SWEEP x 2, RIGHT CROSS, SIDE LEFT, RIGHT ROCK BACK RECOVER

- 1 - 2 Step forward on right, sweep left around from back to front
- 3 - 4 Step forward on left, sweep right around from back to front
- 5 - 6 Cross step right over left, step left to left side
- 7 - 8 Rock back on right, recover on left

SIDE RIGHT, DRAG LEFT, LEFT ROCK BACK RECOVER, ½ HINGE TURN RIGHT, LEFT CROSS, RIGHT POINT

- 1 - 2 Step right large step to right side, drag left up to meet (keep weight on right)
- 3 - 4 Rock back on left, recover on right
- 5 - 6 ¼ turn right stepping back on left, ¼ turn right stepping right to right side
- 7 - 8 Cross step left over right, point right to right side

FORWARD ROCK RECOVER STEP, FLICK BACK x 2

- 1 - 2 Rock forward on right, recover back on left
- 3 - 4 Step down on right, flick left foot back
- 5 - 6 Rock forward on left, recover back on right
- 7 - 8 Step forward on left, flick right back

(Restart here on wall 2 facing 6 o'clock)

¼ RIGHT TURN STRUTTING JAZZ BOX CROSS

- 1 - 2 Cross step right toes over left, step down on right
- 3 - 4 Step left toes back, step down on left
- 5 - 6 ¼ turn right stepping right toes to right side, step down on right
- 7 - 8 Cross step left toes over right, step down on left

RIGHT SIDE TOGETHER, CHASSE ¼ RIGHT, PIVOT ½ RIGHT, FULL TURN RIGHT

- 1 - 2 Step right to right side, step left beside right
- 3 & 4 Step right to right side, close step left beside right, ¼ turn right stepping forward on right
- 5 - 6 Step forward on left, pivot ½ turn right stepping down on right
- 7 - 8 ½ turn right stepping back left, ½ turn right stepping forward on right (or 2 walks forward)

FORWARD LEFT SHUFFLE, RIGHT ROCKING CHAIR, RIGHT CROSS BACK

- 1 & 2 Step forward on left, close step right beside left, step forward on left
- 3 - 4 Rock forward on right, recover back on left
- 5 - 6 Rock back on right, recover on left
- 7 - 8 Cross step right over left, step back on left

Tag, danced at the end of wall 1

RIGHT SIDE, CROSS LEFT

- 1 – 2 Step right to right side, cross step left over right

Try and keep going right through to the end of the track

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