Cogok Mancogok

Niveau: High Beginner

Chorégraphe: Diba Munaf (INA) - July 2019

Musique: Cogok Mancogok by Nuskan Syarif & Elly Kasim

Intro : 32 count

WALK, WALK, CHASSE, WALK, WALK, CHASSE

12 Walk fwd RL

Compte: 48

- 3&4 Step RF to R, close LF to RF, step RF to R
- 56 Walk back LR
- 7&8 Step LF to L, Close RF to LF, Step LF to L

CROSS ROCK, CHASSE, WEAVE 1/4 R

- 12 Cross RF over LF, Recover onto LF
- 3&4 Step RF to R, Close LF to RF, Step RF to R
- 5678 Cross LF over RF, Step RF to R, Cross LF behind RF, Step RF Fwd turning 1/4 R

PIVOT 1/2 R, SHUFFLE FWD, ROCKING CHAIR

- 12 Step LF fwd, Turn 1/2 R weight on RF
- 3&4 Step LF fwd, close RF to LF, Step LF fwd
- 5678 Rock RF fwd, Recover onto LF, Rock RF back, Recover onto LF

CROSS, POINT, JAZZ BOX

- 12 Cross RF over LF, point LF to L
- 34 Cross LF over RF, Point RF to R
- 5678 Cross RF over LF, step LF back, step RF to R, step LF fwd

PIVOT 1/2 L, SHUFFLE FWD, ROCKING CHAIR

- 12 Step RF fwd, Turn 1/2 L weight on LF
- 3&4 Step RF fwd, close LF to RF, Step RF fwd
- 5678 Rock LF fwd, Recover onto RF, Rock LF back, Recover onto RF

CROSS, POINT, JAZZ BOX WITH TOUCH

- 12 Cross LF over RF, point RF to R
- 34 Cross RF over LF, Point LF to L
- 5678 Cross LF over RF, step RF back, step LF to L, touch RF next to LF

RESTART: On wall 5 do only 32 count, then Restart from beginning

Happy dancing!





Mur: 4