## Thousand Times

Compte: 32
Mur: 2
Niveau: Intermediate
Chorégraphe: Niels Poulsen (DK) - July 2019
Musique: Hello - Lionel Richie : (Album: The Definitive Collection - iTunes etc)


Intro: 16 counts from beginning of track. App. 16 secs. into track. Start with weight on $L$ foot.

## Restart: On walls 3 and 6, after 16 counts, both times facing 12:00

Amendment: On walls 2,5 and 8 , after count 28 (your $R$ back rock): when turning $1 / 4 \mathrm{~L}$ you sway to the $R$ on count 29 and to the $L$ dragging $R$ next to $L$ on count 30 , then restart. All 3 times facing 12:00
[1-9] Fwd $R$ sweep, cross side back rock $1 / 8 \mathrm{~L}, 5 / 8 \mathrm{R}$ side rock, $1 / 4 \mathrm{R}$ back rock, step full turn
1-2\& Step R fwd sweeping L forward (1), cross L over R (2), step R to R side (\&) 12:00
$3-4 \& \quad$ Turn $1 / 8 \mathrm{~L}$ rocking back on $L(3)$, recover fwd onto $R(4)$, turn $3 / 8 R$ stepping back on $L(\&)$ 3:00
5-6 Turn $1 / 4 R$ rocking $R$ to $R$ side (5), turn $1 / 4 R$ when recovering back onto $L$ (6) 9:00
\&7 Rock back on $R(\&)$, recover fwd to $L$ (7) 9:00
8\&1 Step $R$ fwd (8), turn $1 / 2 L$ onto $L(\&)$, turn $1 / 2 L$ stepping back on $R$ sweeping $L$ to $L$ side (1) 9:00
[10 - 16] $L$ sailor step, behind turn $1 / 4 L, 1 / 4 L$ sway, sway, $3 / 4$ run around $R$
2\&3 Cross $L$ behind $R$ (2), step $R$ to $R$ side (\&), step $L$ to $L$ side (3) 9:00
\&4 Cross $R$ behind $L(\&)$, turn $1 / 4 L$ stepping fwd onto $L$ (4) 6:00
$5-6 \quad$ Turn $1 / 4 L$ stepping $R$ to $R$ side with a $R$ body sway (5), sway body to $L$ side (6) 3:00
7\&8\& $\quad$ Turn $1 / 4 R$ stepping $R$ fwd (7), step $L$ fwd (\&), turn $1 / 4 R$ stepping $R$ fwd (8), turn $1 / 4 R$ stepping L fwd (\&) ... 12:00

* Restart here on walls 3 and 6, both times facing 12:00
[17-24] Fwd sweep, weave, $1 / 4$ L hitch, 2 prissy walks $R \mathrm{~L}$, step turn step
1 - 2\& Step $R$ fwd sweeping $L$ fwd (1), cross $L$ over $R(2)$, step $R$ to $R$ side (\&) 12:00
3\&4 Cross $L$ behind $R$ (3), step $R$ to $R$ side (\&), cross step $L$ slightly over $R$ hitching $R$ knee and turning $1 / 4 L$ on that $L$ foot (4) 9:00
5-6 Walk $R$ slightly in front of $L$ (5), walk $L$ slightly in front of $L$ (6) 9:00
7\&8 Step R fwd (7), turn $1 / 2 L$ onto $L$ (\&), step fwd onto $R(8) 3: 00$
[25-32] Step $1 / 2 L$ rock step, run back $R L, R$ back rock, $1 / 4 L$ into $R$ basic, side behind side
$1-2 \& \quad$ Turn $1 / 2 L$ rocking fwd onto $L$ (1), recover and push back onto $R(2)$, run back on $L$ (\&) ... 9:00
Optional styling for count 1: Every time Lionel Ritchie sings 'Hello' reach your $R$ hand forward as saying hello...
3-4 Rock back on $R$ (3), recover fwd onto $L$ (4) 9:00
5-6\& Turn $1 / 4 L$ stepping $R$ a big step to $R$ side (5), step $L$ behind $R(6)$, cross $R$ over $L$ (\&) 6:00
7-8\& Step $L$ to $L$ side sweeping $R$ to $R$ side (7), cross $R$ behind $L$ (8), step $L$ to $L$ side (\&) 6:00


## Start Again!

Ending: Comes on wall 9 , after count 8 . Instead of turning $1 / 2 L$ you turn $1 / 4 L$ stepping $R$ to $R$ side $\square$ 12:00

Last Update - 22 Aug. 2019

