

Deliriously

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Bente Lindtner (NOR) - August 2019

Musique: Deliriously Good - Rat City



Section 1: K step

- 1, 2 Step RF forward diagonally to right, Touch LF next to RF
- 3, 4 Step LF back diagonally to left, touch RF next to LF
- 5, 6 Step RF backwards diagonally to right, touch LF next to RF
- 7, 8 Step LF forward diagonally to left, touch RF next to LF

Section 2: Vine to right, Vine to left with 1/4 turn left

- 1, 2 Step RF right, cross LF slightly behind RF
- 3, 4 Step RF right, touch LF next to RF
- 5, 6 Step LF left, cross RF slightly behind LF
- 7, 8 Turn 1/4 over Left shoulder stepping LF forward, Touch RF next to LF

Section 3: Hop twice forward, then twice back

- &1, 2 Jump RF forward, following closely with LF, hold
- &3, 4 Jump RF forward, following closely with LF, hold
- &5, 6 Jump RF back, following closely with LF, hold
- &7, 8 Jump RF back, following closely with LF, hold

Section 4: Rocking chair, walk in circle over left shoulder

- 1, 2 Rock RF forward, recover weight on LF
- 3, 4 Rock RF backward, recover weight on LF
- 5 - 8 Walk 1 complete circle over left shoulder R-L-R-L

Styling options: Both in section 1 and 3 music often allows for clapping. (2,4,6,8)

Section 2: Vine to right can be changed to rolling vine

Section 4: Keep arms up swaying R-L-R-L for counts 5-8
