# Hands Up EZ

Compte: 48

Niveau: Phrased Improver

Chorégraphe: John Dembiec (USA) - August 2019

Musique: Hands Up (feat. DNCE) - Merk & Kremont

# (\*\*Sequence : A,B-,A,B,A,B-,A,B,AAA)

#### PART A: 32 counts

#### [1-8] SIDE BACK TOUCK (X2), V-STEP

- 1-2 Step R to R, Touch L slightly behind R (Bring hands up during chorus on; "hands up")
- 3-4 Step L to L, Touch R slightly behind
- Step R out to R diagonal, Step L out to L diagonal (Bring hands up during chorus) 5-6
- 7-8 Step R back to center, Step L back next to R

## [9-16] ¼ JAZZ BOX CROSS, VINE

- 1-2 Step R over L, Step L back
- 3-4 Making <sup>1</sup>/<sub>4</sub> turn R step R to R, Step L over R (3:00)
- 5-8 Step R to R, Step L behind R, Step R to R, Step L next to R

## (Note: Counts 5-8 may be syncopated as weave. &5&6&7&8)

## [17-24] FORWARD TOUCH, BACK TOUCH, SIDE TOUCHES, ¼ TURN

- 1-2 Step R forward, Touch L next to R (Bring hands up during chorus; "hands up")
- 3-4 Step L back, Touch R next to L
- 5-6 Step R to R, Touch L slightly behind R (Bring hands up on count 6)
- 7-8 Making ¼ turn L Step L forward (12:00), Touch R next to L

## [25-32] STEP SLIDE TOUCH, HIP BUMPS (X2)

- 1-2 Step R forward, Slide and touch L next to R
- &3&4 Bump hips L, R, L, R
- 5-6 Step L to L, Slide and touch R next to L
- &7&8 Bump hips R, L, R, L

## PART B: 16 counts

## [1-8] STEP, ¼ TOUCH, ¼ TURN, TOUCH, SIDE TOUCHES

- 1-2 Step R forward, Making ¼ turn L Touch L next to R (9:00)
- 3-4 Making ¼ turn L Step L forward (6:00), Touch R next to L
- Step R to R, Touch L next to R, Step L to L, Touch R next to L 5-8

## [9-16] REPEAT 1-8, SEE NOTE BELOW FOR HOLD

On count 5 for B-, step as normal, Hold counts 6-8. Shift weight to L before Part A Styling note, on hold you may roll hips R to L

#### **REPEAT AND HAVE FUN !!!!!!**

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