

Mustang Sally

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Sonja Hemmes (USA) - September 2019

Musique: Mustang Sally (Glee Cast Version) - Glee Cast : (Album: Glee, The Music, Homecoming - EP)

Start 16 counts in

This dance is choreographed for a very good friend of mine, Pat Hill.
She will enjoy this!

TRIPLE RIGHT, ROCK BACK, TRIPLE LEFT, ROCK BACK

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock left back, step on right
- 5&6 Step left to left side, step right next to left, step on left to left side
- 7-8 Rock right back, step on left

STEP TOGETHER, WITH SWIRLING MOTION, RIGHT THEN LEFT

- 1-4 Step right to right side, step left next to right step right to right side, hold, Swirl your arms and body in a counter clockwise motion during 1-4
- 5-8 Step left to left side, step right next to left, step left to left side, hold, Swirl your arms and body in a clockwise motion during 5-8

TRIPLE BACK, (X2), TURN 1/4 LEFT, TRIPLE BACK (X2)

- 1&2 Step right back, step left back in front of right, step right back
- 3&4 Step left back, step right back in front of left, step left back
- 5&6 Turn ¼ left and step right back, step left back in front of right, step right back
- 7&8 Step left back, step right back in front of left, step left back

STEP FORWARD DIAGONALLY, SHIMMY HIPS

- 1-2 Step right forward diagonally, touch left next to right
 - 3-4 Step left forward diagonally, step right next to left
 - 5-8 Shimmy hips to counts 5-8
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