Narcotic



Compte: 96 Mur: 2 Niveau: Phrased Intermediate

Chorégraphe: Sabrina Kolodziej (DE) & Merle Osmers - September 2019

Musique: Narcotic - YOUNOTUS, Janieck & Senex



Dance starts immediately on first tact

Part A - Verse

A1: Rumba Box

1-2 Step RF to R, Close LF next to RF

3-4 Step RF fwd, Hold

5-6 Step LF to L, Close RF next to LF

7-8 Step LF back, Hold

A2: Rock Back, Step, Pivot Turn, Step

1-2 Rock RF back, Recover to L

3-4 Step RF fwd, Hold

5-6 Step LF fwd, Pivot ½ Turn

7-8 Step RF fwd, Hold

A3: Repeat A1

A4: Repeat A2

Part B - Pre-Chorus

B1: Turn	ing Lock Shuffle fwd, Turning Lock Shuffle back (repeat x2)
1&2	Turn ¼ R Step R fwd, Lock L behind R, Step R fwd
3&4	Turn ¼ R Step L back, Lock R over L, Step L back
5&6	Turn ¼ R Step R fwd, Lock L behind R, Step R fwd
7&8	Turn ¼ R Step L back, Lock R over L, Step L back

B2: Back Rock, Lock Shuffle, Step Turn, Cross Shuffle

1-2	Rock RF back 1/8 turn (facing 12:00), Recover to LF
3&4	Step fwd LF, Lock RF behind LF, Step RF fwd

5-6 Step LF fwd, Turn R ½

7&8 Cross LF over RF, Step RF to R, Cross RF over LF

B3: Side Rock, Behind Side Cross, Step, Tap, Point and Point

1-2 Rock RF to R, Recover to LF

3&4 Cross RF behind LF, Step LF to L, Cross RF over LF

5-6 Step LF to L, Tap RF next to LF

7&8 Touch RF to R, Touch RF next to LF, Touch RF to R

B4: Jazz Box 1/4 Turn, 2x Kick Ball Change

1-2	Cross RF	over LF.	Step L	F back

3-4 Step RF to R with ¼ turn, Cross LF over RF

Kick RF fwd, Close RF next to LF, Step LF next to RFKick RF fwd, Close RF next to LF, Step LF next to RF

Part C - Chorus

C1: Dorothy R, L, R, L

1-2&	Step RF fwd to R diagonal, Cross LF behind RF, Step RF to R diagonal
3-4&	Step LF fwd to L diagonal, Cross RF behind LF, Step LF to L diagonal

5-6& Step RF fwd to R diagonal, Cross LF behind RF, Step RF to R diagonal 7-8& Step LF fwd to L diagonal, Cross RF behind LF, Step LF to L diagonal

C2: Rock Step, Coaster Step, Pivot Turn, Lock Shuffle,

1-2 Rock R fwd, Recover to L

3&4 Step LF back, Close RF next to LF, Step LF fwd

5-6 Step RF fwd, Turn R ½

7&8 Step fwd LF, Lock RF behind LF, Step RF fwd

C3: Repeat C 1

C4: Repeat C 2

Part D - Bridge

D1: Point, Point, Point, Step, Point, Point, Sailor ½ Turn

1-2 Point RF fwd, Point RF to R
3-4 Point RF back, Step RF fwd
5-6 Point LF fwd, Point LF to L

7-8 Cross LF behind RF, ¼ turn L and step RF to R side, ¼ turn L and step LF fwd

D2: Toe Strut R + L, Rocking Chair

Tap RF forward, Set RF down
Tap LF forward, Set LF down
Rock RF fwd, recover to LF
Rock RF back, recover to LF

D3: Repeat D1

D4: Repeat D2

Part E - End

E1: Grapevine R, Grapevine L

Step RF to R, Cross LF behind RF
Step RF to R, Tap LF next to RF
Step LF to L, Cross RF behind LF
Step LF to L, Tap RF next to LF

E2: Step Touch, Step Touch, Step Cross, Full Turn

1-2 Step RF to R, Touch LF next to RF
3-4 Step LF to L, Touch RF next to LF
5-6 Step RF to R, Cross LF behind to RF

7-8 Full Turn (facing 12:00)

Dancing order: A B C A A B C D D C E

It sounds more complicated than it is... really! ;-) Have fun!

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