About Last Night

Niveau: Phrased Advanced

Chorégraphe: Debbie Rushton (UK) - August 2019 Musique: About Last Night - Outasight

Count in: After 16 counts (on lyrics) **SEQUENCE – ABAB TAG ABB TAG**

PART A – 64 COUNTS

Compte: 96

(1-8) SIDE BACK ROCK, R SHUFFLE, STEP ½ TURN, ROCK RECOVER

- Step L to L, Rock R behind L, Recover fwd onto L (angle body to face 1oclock) 123
- 4&5 Travelling fwd to R diagonal step R fwd, Lock L behind R, Step R fwd (1oclock)
- 67 Step L fwd, Make 1/2 turn over L shoulder stepping R back (still on diagonal)
- Rock L out to L side, Recover onto R (7oclock) 8&

(9-16) CROSS HOLD & BEHIND HOLD & CROSS & BEHIND & CROSS SWEEP

- 12 Squaring up to back wall cross L over R, Hold
- &34 Step R to R side, Cross L behind R, Hold
- &5&6 Whilst making a gradual arching 1/4 turn L, Step R to R side, Cross L over R, Step R to R side, Cross L behind R
- &78 Step R to R side, Cross L over R, Sweep R around (3oclock)

(17-24) CROSS ¼ TURN, SHUFFLE ½ TURN, DIAMOND STEP

- Cross R over L, Make 1/4 turn R stepping back on L (6oclock) 12
- 3&4 Shuffle ¹/₂ turn over R shoulder stepping R L R (12oclock)
- 5&6 Cross L over R, Step R to R side, Make 1/8 turn L stepping back on L (11oclock)
- Step back on R, Make 1/8 turn L stepping L to L side, Make 1/8 turn L stepping R forward 7&8 (7oclock)

(25-32) STEP TURN, FULL TURN, OUT OUT TOUCH BUMP & BUMP

- 12 Step L forward and pivot 3/8 turn R taking weight fwd onto R (12oclock)
- 34 Make ¹/₂ turn R stepping L back, Make ¹/₂ turn R stepping R fwd (or walk walk)
- &56 Step L out to side, Step R out to side, Touch L beside R
- 78 Step L to L and bump hips to L twice (end with weight L)

(33-40) STEP LOCK & LOCK & LOCK, JAZZ BOX ¼ TURN

- 12 Step fwd on R, Lock L behind R and hitch R knee up
- &3 Step fwd on R, Lock L behind R and hitch R knee up
- &4 Step fwd on R, Lock L behind R and hitch R knee up
- Cross R over L, Step L back, Make 1/4 turn R stepping R to R, Step L fwd (3oclock) 5678

(41-56) REPEAT ABOVE 8 COUNTS TWO MORE TIMES (STEP LOCKS & JAZZ BOX)

(57-64) STEP ½ TURN, STEP ½ REVERSE TURN, ¼ SIDE HOLD, HEEL TOE HEEL HITCH

- 12 Step R forward, Pivot ¹/₂ turn L taking weight forward onto L (3oclock)
- 34 Step R forward, Make ¹/₂ turn R stepping back on L (9oclock)
- 56 Make ¹/₄ turn R stepping R to R side, Hold count 6 (12oclock)
- &7&8 Swivel L heel in, Swivel L toe in, Swivel L heel in, Hitch L knee up

PART B - 32 COUNTS

(1-8) SIDE ROCK, CROSS SHUFFLE, BOX ¾ TURN

- 12 Rock L out to L side, Recover weight onto R (12oclock)
- 3&4 Cross L over R, Step R to R side, Cross L over R





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- 5 6 Step R to R side, Make ¼ turn L stepping L to L side (9oclock)
- 7 8 Make ¼ turn L stepping R to R side, Make ¼ turn L stepping L to L side (3oclock)

(9-16) CROSS ROCK SIDE CROSS & ¾ UNWIND ROCK & CROSS

- 1 2 Cross rock R over L, Recover back onto L
- 3 4 Step R to R side, Cross L over R
- &5 6 Step R to R side, Lock L behind R, Unwind ³/₄ turn L taking weight onto L
- 7&8 Rock R out to R side, Recover onto L, Cross R over L (6oclock)

(17-32) REPEAT ABOVE 16 COUNTS - (every Part B is 16 counts repeated twice)

TAG – 16 COUNTS

(1-8) SIDE TOGETHER SIDE TOUCH, BODY ROLL R, BODY ROLL L

- 1234 Step L to L side, Step R beside L, Step L to L, Touch R beside L (12oclock)
- 5 6 Step R to R side & do R body roll, Touch L beside R
- 7 8 Step L to L side & do L body roll, Touch R beside L

(9-16) SIDE TOGETHER SIDE TOUCH, BODY ROLL L, BODY ROLL R

- 1234 Step R to R side, Step L beside R, Step R to R, Touch L beside R
- 5 6 Step L to L side & do L body roll, Touch R beside L
- 7 8 Step R to R side & do R body roll, Touch L beside R

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