Boom Goes My Heart

Niveau: Improver

Chorégraphe: Stephen Pistoia (USA) - September 2019

Musique: Boom Boom Goes My Heart - Alex Swings Oscar Sings! : (iTunes)

Intro:32ct intro - No Tags or Restarts

Compte: 32

(1-8) CROSS SIDE RT SAILOR STEP, CROSS SIDE ¼ TURN LT SAILOR STEP

- cross RF over LF step LF out to LT swing RF behind LF step LF next to RF step RF 1 - 2 - 3 & 4out to RT.
- 5-6-7&8 cross LF over RF – step RF out to RT – swing LF behind RF – step RF out to RT making a 1/4 turn LT – step LF next to RF. (9:00)

(9-16) RT TOEPOINT CROSS, LT TOEPOINT CROSS, RT TOEPOINT BACK, LT TOE POINT BACK

- 1-2-3-4 point RF out to RT – cross RF over LF moving slightly forward – point LF out LT – cross LF over RF moving slightly forward
- 5-6-7-8 point RF out to RT – step RF behind LF – point LF out to LT – step LF back. (9:00)

(17-24) ¼ TURN RT MONTEREY X 2

- 1-2-3-4 point RT toe to RT side - turn 1/4 RT stepping RF next to LF - point LT toe to LT side - step LF next to RF(weight on LF)
- 5-6-7-8 repeat 1,2,3,4 (3:00)

(25-32) JAZZBOX HEEL SWIVEL KICKBALL CHANGE

- 1-2-3-4 cross RF over LF - step LF back LT - step RF to RT side - step LF next to RF
- 5-6-7&8 swivel heels out to RT - swivel heels back (weight on LF) - kick RF forward - step RF next to LF – step LF next to RF. (3:00)

Dance rotates clockwise

Any questions contact me @ pistoias@ymail.com have fun enjoy!!!!

Last Update - 26 Sept. 2019





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