

# Back Door Slam

Compte: 64

Mur: 4

Niveau: Beginner

Chorégraphe: Rex Allott (UK) - September 2019

Musique: Who's Been Sleeping in My Bed - Glenn Frey



## S1. R. Toe Fans R L, L. Toe Fans L, R

- 1-4 Step R forward, fan R toe R, L, Return  
5-8 Step L forward, fan L toe L, R, Return

## S2. R. Cross Shuffle, Step R, Return, L Cross Shuffle, Step L, Return

- 1&2. Cross L over R, Step R behind L, Step L to L  
3-4 Step R to R, Recover on L  
5&6. Cross R over L, Step L behind R, Step R to R  
7-8 Step L to L, Step R back

## S3. L. Step Double Kick, R Behind Side Step

- 1-4 Kick L Foot Forward, Return, Repeat  
5-8 Step R behind L, Step L to L, Recover on L, Pause

## S4. R. Step Double Kick, L Behind Side Step With 1/4 Turn L

- 1-4 Kick R Foot Forward, Return, Repeat  
5-8 Step R Behind L, Step L Next to R with 1/4 Turn L, Step R Forward, Step L Next to R

## S5. R. Toe Fans R L, L. Toe Fans L R

- 1-4 Step R Forward, Fan R Toe R, L, Return  
5-8 Step L Forward, Fan L Toe L, R, Return

## S6. Sailor Step R, L, Step 1/2 Turn R x 2

- 1&2 Step R Behind L, Step L Forward, Step R to R  
3&4 Step L Behind R, Step R Forward, Step L to L  
5-6 Step Back on R with 1/2 Turn R, Step L Next to R  
7-8 Step Back on R with 1/2 Turn R, Step L Next to R

## S7. K Steps

- 1-2 Step R diagonally Forward R, Step L Next to R  
3-4 Step L diagonally Back L, Step R Next to L  
5-6 Step R diagonally Back R, Step L Next to R  
7-8 Step L diagonally Forward L, Step R Next to L

## S8. Shuffle 1/4 L x 4

- 1&2 Shuffle R,L,R with 1/4 Turn L  
3&4 Shuffle L,R,L with 1/4 Turn L  
5&6 Shuffle R,L,R with 1/4 Turn L  
7&8 Shuffle L,R,L with 1/4 Turn L