# **Wasting Time**



Compte: 64 Mur: 4 Niveau: Beginner +

Chorégraphe: Linda Nyholm (CAN) - July 2017

Musique: Sitting By The River by the Lennerockers



#### No Tags Or Restarts

Music Alternative: \*\*ANYTHING FOR LOVE, by MACALLAN No Tags Or Restarts—my fav—can't find source—I will share

### SECTION 1: ROCK BACK, RECOVER, KICK BALL CHANGE, SHUFFLE FORWARD, PIVOT 1/4

1-2 Rock back on R, recover to L

3&4 Kick R fwd, step on ball of R, step L sightly fwd

5&6 Step R fwd, L beside R, step R fwd

7-8 Step L fwd, pivoting ¼ to R, step R beside R (3)

## **SECTION 2: WEAVE 3, POINT, LEFT & RIGHT**

1-2 Cross left over R step R to side
3-4 Step left behind R, point R to side
5-6 Cross R over L, step L to side,
7-8 Step R behind, point L to side

#### SECTION 3: JAZZ BOX TURNING 1/4, LEFT LINDY

1-2 Cross L over R, turn R ¼ to L (12) 3-4 Step L beside R,,cross R over L

5&6 Step L to side, , R beside L, L beside R

7-8 Rock back on R, recover to L

#### **SECTION 4: VINE FOR 4, RIGHT LINDY**

1-2 Step R to side, L behind R
3-4 Step R to side, cross L over R
5&6 Step R to side, L beside R, R beside
7-8 Rock back on L, recover to R

## SECTION 5: LEFT & RIGHT SIDE ROCK, CROSS SHUFFLE

1-2 Rock L to side, recover to R

3&4 Cross left over R, step R beside L, L beside R

5-6 Rock R to side, recover to L

7&8 Cross R over L. step L to side, R beside L

# SECTION 6: SIDE, BEHIND, SHUFFLE 1/4, , RIGHT, LEFT SIDE TOUCHES

1-2 Step L to side, R behind L

3&4 Step L ½ to left, R beside L. step L beside R (9)

5-6 Step R t o side, touch L beside R7-8 Step L to side, touch R beside L

# **SECTION 7: PROGRESSIVE BOX WITH SHUFFLES**

1-2 Step R to side, L beside R

3&4 Step R fwd, L beside R,, R beside L

5-6 Step L to side, R beside R

7&8 Step L back, R beside L, L beside R

SECTION 8: ROCK, RECOVER, SHUFFLE 1/2, ROCK RECOVER, SHUFFLE BACK

1-2	Rock R fwd, recover to L
3&4	Turning over R shoulder, step R ¼, L ¼ step R beside L (3)
5-6	Rock L fwd, recover to R
7&8	Step L back, step R back, step L beside R