A Life Without You

Compte: 48	**Mur:** 4	**Niveau:** Intermediate

Chorégraphe: Kaye Thompson (UK) - October 2019

Musique: Without You - John Newman & Nina Nesbitt

Section 1: Cross, side, sailor 1/4R, pivot 1/2R, shuffle 1/2R

123&4   Cross R in front of L, step L to side, R behind L, L to side, 1/4 turn R stepping R forward(3.00)

567&8   Step forward L, pivot 1/2 R (9.00), shuffle 1/2 turn R stepping LRL (3.00)

Section 2: Back, touch, L lock step, forward rock, coaster step

123&4   Step back R, touch L across R, step forward on L, lock R behind L, step forward L

567&8   Forward rock R, recover on L, step back on R, step L beside R, step forward on R (alternative- full turn R stepping RLR)

Section 3: Pivot 1/4R, cross shuffle, 1/4 L, 1/2 L, pivot ¼ L, cross

123&4   Step forward L, pivot 1/4 R, L cross over R, side R, cross L over R (6.00)

567&8   1/4 turn L stepping back on R (3.00), 1/2 turn L stepping forward on L (9.00), step forward R, pivot 1/4 L, cross R over L. (6.00)

Section 4: 1/4R, 1/4R, L samba step, syncopated weave L

123&4   1/4 turn R stepping back on L (9.00), 1/4 turn R stepping R to side (12.00), cross L over R, rock R to side, recover on L

567&8   Cross R over L, step L to side, step R behind L, step L to side, cross R over L

****Restart here on Wall 3 changing counts 7&8 to 7,8 (step R behind L, step L to side)****

Section 5: 1/4L, touch, and kick ball step, forward rock , triple 3/4L

12&3&4   1/4 turn L stepping forward on L (9.00), touch R behind L, transfer weight onto R, kick L forward, transfer weight onto L, step forward R

567&8   Rock forward on L, recover on R, 3/4 turn L stepping LRL (12.00)

Section 6: Forward rock, 1/4R chasse, cross, side, sailor step

123&4   Rock forward on R, recover onto L, 1/4 turn R stepping R to side, L beside R, R to side (3.00)

567&8   Cross L over R, step R to side, step L behind R, step R to side, step L to side.

Finish: Wall 8 - dance up to count 28 then cross R over left, unwind ½ turn to end facing front.

(Music suggested by Kath Kelly – thank you)