Long Road Home



Compte: 32 Mur: 2 Niveau: Advanced NC

Chorégraphe: Laura Bartolomei (FR) - October 2019

Musique: Home - Don Mescall



(1 - 8&) SWEEP, CROSS, BACK, SIDE, CROSS MAMBO, SIDE, HOLD, SWAY 3X

1 Step RF diagonal, Sweep LF back to front

2& Cross LF over RF, Step RF back

3 Step LF to L

4& Cross rock RF over LF, Recover on LF

5,6 Step RF to R, Hold
7 Sway to L (weight on LF)
8 Sway to R (weight on RF)
& Sway to L (weight on LF)

(9 - 16&) HALF DIAMOND, 2X BASICS

1 Step RF to R

2& Make 1/8 turn L stepping LF back, Step RF back

3 Step LF to L turning 1/8 L

4& Make 1/8 turn L stepping RF forward, Step LF forward

5 Step RF to R turning 1/8 L

6& Step LF together with RF, Cross RF over LF

7 Step LF to L

8& Step RF together with LF, Cross LF over RF

(17 - 24&) 1/4 STEP FORWARD, STEP TURN STEP, FULL TURN, ROCKSTEP, 2X SWEEPS, 2X RUNS

1 Make ¼ turn R stepping RF forward

2&3 Step LF forward, make ½ turn R, Step LF forward

4& Make ½ turn L stepping RF backwards, Make ½ turn L stepping LF forward

5 Rock RF forward

Recover on LF sweeping RF from front to back
 Step RF backwards sweeping LF from front to back

8& Small step LF back, Small Step LF back

(25 - 32&) STEP HITCH, COASTERSTEP, STEP TURN, STEP, 1/4 TURN MAMBO, CROSS MAMBO

1 Step LF backwards making a Hitch with RF

2&3 Step RF backwards, Step LF together with RF, Step RF forward

4-5 Step LF forward, Make ½ turn R putting weight on RF

6 Step LF forward

7& Make ¼ turn L rocking RF to R, Recover on LF

8& Crossrock RF over LF, Recover on LF

Arm movements:

In section [1 - 8]

Take L arm from L, above head, to RPull L arm in front of body to L side

8& Place L hand on heart, Place R hand on heart

Finish:

Wall 10 after Hitch

2 Step RF to R turning 1/4 turn R

Restarts:

Wall 4 after step turn step:

8 Step R making ¼ L& Cross L over R

Wall 7 after runs with hitch

Step R to R making ¼ turn R

& Cross L over R

Wall 9 after sways and arm movements in slowmotion

7 Sway to L (weight on LF)

8 Hold

Slow-motion parts:

Wall 1

4 Step LF forward

5 Make ½ turn R putting weight on RF

6 Step LF forward

Wall 4

4& Cross rock RF over LF, Recover on LF

5,6 Step RF to R, Hold7 Sway to L (weight on LF)

Wall 6

Sweep RF from front to backSweep LF from front to back

Wall 7

4& Cross rock RF over LF, Recover on LF

5,6 Step RF to R, Hold7 Sway to L (weight on LF)

Wall 8

Sweep RF from front to backSweep LF from front to back

8& Small step LF back, Small Step LF back1 Step LF backwards making a Hitch with RF

2&3 Step RF backwards, Step LF together with RF, Step RF forward

4,5 Step LF forward, Make ½ turn R putting weight on RF

6 Step LF forward

7& Make ¼ turn L rocking RF to R, Recover on LF

8& Crossrock RF over LF, Recover on LF

Wall 9

1 Step RF diagonal, Sweep LF back to front

2& Cross LF over RF, Step RF back

3 Step LF to L

4& Cross rock RF over LF, Recover on LF

5,6 Step RF to R, Hold7 Sway to L (weight on LF)

