

# Gnos Das

**COPPER** KNOB  
STEPSHEETS

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Mathew Sinyard (UK) - October 2019

Musique: Sad Song Backwards - Jake Shears



**Intro: 8 Counts from main beat (approx. 18 seconds)**

**Section 1: Back, Back, Coaster Cross, Side Together Forward x2.**

- 1 2 Step back on right, step back on left.
- 3 & 4 Step back on right, step left beside right, cross right in front of left.
- 5 & 6 Step left to left side, step right beside left, step forward left.
- 7 & 8 Step right to right side, step left beside right, step forward on right.

**Section 2: Step Tap Back, Shuffle 1/2 x2, Back Tap Forward.**

- 1 & 2 Step forward on left, tap right behind left, step back on right.
- 3 & 4 Shuffle 1/2 turn left stepping L-R-L.
- 5 & 6 Shuffle 1/2 turn left R-L-R.
- 7 & 8 Step back on left, tap right in front of left, step forward on right.

**Section 3: Side Rock Recover, Behind Side Cross, Side Rock Recover, Behind 1/4 Step.**

- 1 2 Rock left foot to left side, recover right.
- 3 & 4 Cross left behind right, step right to right side, cross left in front of right.
- 5 6 Rock right foot to right side, recover left.
- 7 & 8 Cross right behind left, make a 1/4 turn left stepping forward on left, step forward right.

**Section 4: Left Jazz Box Touch, Hip Sways x4.**

- 1 2 3 4 Cross left in front of right, step back on right, step left to left side, touch right beside left.
- 5 6 7 8 Sway hips right left right left.

**Enjoy x.**

**Contact: Mathew Sinyard - [www.inlinewedance.co.uk](http://www.inlinewedance.co.uk) - [inline.wedance@gmail.com](mailto:inline.wedance@gmail.com)**