My Baby & Me

#32 Count Intro

Niveau: Intermediate

Chorégraphe: Mike Hitchen (UK) - October 2019

Musique: Morning Train (Nine to Five) (Edit) - Sheena Easton : (iTunes, amazon)

Section 1: Side	Behind, & Cross Side, Sailor ¼ Turn Right, Rock Step.
1-2	Step left to side, Cross right behind.
&3-4	Step left to side, Cross right over left, Step left to side 12:00
5&6	Step right behind left turning ¼ turn right, Step left to side, Step right forward. 3:00
7-8	Rock forward on left, Recover to right.
Section 2: Shut	fle ½ Turn Left, Step ¼ Turn Left, Cross Right Over Left ¼ Turn Right, chasse ¼ Turn Right.
1&2	Step left foot ¼ turn left, Step right together, Step left ¼ turn left. 9:00
3-4	Step forward on right, Pivot ¼ turn left. 6:00
5-6	Cross right over left, Turn 1/4 turn right stepping back on left. 9:00
7&8	Step right foot ¼ turn right, Step left together, Step right to side 12:00
Section 2: 2X C	Cross points, 2X Sailor Steps.
1-2	Cross left over right, Touch right to side.
3-4	Cross right over left, Touch left to side.
5&6	Cross left behind right, Step right to side, Step left to side.
7&8	Cross right behind left, Step left to side, Step right to side.
Section 4: Figu	re of 8.
1-2	Cross left behind right, Step right 1/4 turn right 3:00
3-4	Step forward on left, Pivot ½ turn right. 9:00
5-6	Step left ¼ turn right, Step right foot behind , 12:00
7-8	Step left ¼ turn left, Step right forward. 9:00
Section 5: 2X S	Step ½ Turns, Cross Rock, Side Rock.
1-2	Step left forward. Pivot 1/2 turn right.
3-4	Step left forward. Pivot 1/2 turn right. (Weight on right) 9:00
	on walls 3 and 5
5&6	Cross rock left over right, Recover to right.
7&8	Rock left to side, Recover to right.
Section 6: Cros	s Left Behind Right, Kickball Cross, step Right ¼ Turn Right, Step ½ Turn, Full Turn.
1-2	Cross left behind right, kick right forward. 9:00
&-3-4	Step on to right, Cross left over right, Step right ¼ turn right. 12:00
5-6	Step left forward, pivot ½ turn right. (Weight on Right) 6:00
7-8	Turn $\frac{1}{2}$ turn right stepping left back, $\frac{1}{2}$ Turn right stepping right forward. (Optional 2 Walks forward) 6:00
Section 7: Rock	king Chair With ¼ Turn Left, Cross Flick, Cross Flick.
1-2	Rock forward on left, Recover to right.
3-4	Rock back on left recover to right with 1/4 turn left. (weight on right) 3:00
5-6	Cross left over right, Flick right to side.
7-8	Cross right over left, Flick left to side
Section 8: Rock	k Step, Shuffle ½ Turn, Rock Step, Coaster Cross.
1-2	Rock left forward, Recover to right.





Mur: 4

Compte: 64

- 3&4 Step left ¼ turn left, Step right together, Step left ¼ turn left. 9:00
- Rock forward on right. Recover to left 5-6
- Step right back, Step left together, Step right across left 7&8

*1 Tag after wall 1- 4 Hip Bumps **2 Restarts on walls 3 and 5 after 36 counts

E-mail: Mike.hitchen777@gmail.com