Up Again

Compte: 16

Niveau: Beginner

Chorégraphe: Jennifer Jones (USA) - October 2019 Musique: Up Again - Dan Bremnes

#16 count intro: Begin dance on lyrics

Section1: Toe heel stomps, Mambo right and left

- R toe tap next to L, R heel tap next to L, stomp R forward 1&2
- 3&4 L toe tap next to R, L heel tap next to R, stomp L forward
- 5&6 Rock R to right, step L in place, step R next to L
- 7&8 Rock L to left, step R in place, step L next to R (12:00)

Section 2: Rock recover, shuffle back, 3/4 turn left, sailor shuffle

- 1,2 R step forward, recover weight to L
- 3&4 R step back, close L next to R, R step back
- 5,6 L turn ¼ left (9:00) , R turn ½ left (3:00)
- 7&8 Cross L behind R, step R to right side, step L to place (3:00)

Begin dance again

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