Swing It Now !

Niveau: Phrased Easy Novice

Compte: 60 Chorégraphe: Flo Garnier (FR) - September 2015 Musique: Swing - Trace Adkins

Introduction : 48 temps Structure : AAB - AB - AAAA - BAA

A PART

[1-8] : shuffle FW R &L, walk R, scuff L ½ turn R, shuffle FW L	
1&2	RF ahead, LF beside RF, RF ahead
3&4	LF ahead, RF beside LF, LF ahead
5-6	RF ahead, LF brush the floor and $\frac{1}{2}$ turn to the R
7&8	LF ahead, RF beside LF, LF ahead
[9-16]: stomp FW R, swivel L (heel, toes, heel), stomp FW L, swivel R (heel, toes, heel)	
9	RF stomp on the ground diagonally forward R
10-11-12	Move L heel, L toes, L heel to the R
13	LF stomp on the ground diagonally forward L
14-15-16	Move R heel, R toes, R heel to the L
[17-24] : side rock step R, behind side cross L, side rock step L, behind side cross R ¼ turn R	
17-18	RF to the R, return BW on LF
19&20	RF cross behind LF, LF to the L, RF cross over LF
21-22	LF to the L, return BW on RF
23&24	LF cross behind RF, RF to the R with $\frac{1}{4}$ turn to the R, LF ahead
[25-32] : step turn ½ L, triple step R ½turn L , coaster step L BW, kick ball step R FW	
25-26	RF ahead, ½ turn to the L
27&28	RF ahead, $\frac{1}{4}$ turn to the L with LF beside RF, $\frac{1}{4}$ turn to the L with RF behind
29&30	LF behind, RF beside LF, LF ahead
31&32	RF kick ahead, RF beside LF, LF ahead
B PART	
[1-8] : chassé R, cross rock step L, chassé L ¼ turn L, rock step FW R	
1&2	RF to the R, LF beside RF, RF to the R
3-4	LF cross over RF, return BW on RF
5&6	LF to the L, RF beside LF, ¼ turn to the L with LF ahead
7-8	RF ahead, return BW on LF
[9-16] : toes strut BW R, L, R, L	
9-10	R toes behind, RF set down
11-12	L toes behind, LF set down
13-14-15-16	start again 9-12
[17-24] : Monterey turn R ¼ turn R, monterey turn R ½ turn R	
17-18	RF point to the R, $\frac{1}{4}$ turn to the R with RF beside LF
19-20	LF point to the L, LF beside RF
21-22	RF point to the R, $\frac{1}{2}$ turn to the R with RF beside LF
23-24	LF point to the L, LF beside RF

- [25-28] : heel strut FW R, L
- 25-26 heel R ahead, RF set down





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27-28 heel L ahead, LF set down

Restart : on the 7th wall of A-Part, after the 16th count, start the B-Part.