Metal - Why not?

Niveau: Phrased Improver

Compte: 48 Chorégraphe: Sascha Wolf (DE) - December 2019 Musique: Steh auf - Lindemann

Don't forget - its all about Fun ;-)

Start with the Bridge after 32 counts

Bridge: Do 1-16 Counts of Airguitar including a Step touch starting to right. Change to left and do the same from 17-32 to the other side

Tag: Do 8 Counts of Steps touch with Airguitar

Part A

Step Touch with Airguitar Arms

- 1234 RF Step to right, LF touch to RF, LF Step to left, RF touch to LF
- 5678 RF Step fwd, LF touch to RF, LF step back, RF touch to LF

Grapevin, Metalhand, Headbang

- 1234 Rf to side, LF cross behind RF, LF to side, RF touch to LF
- 1234 LF small step to side, RF small step to side (out out) with energy step u add a Metal hand, Do a Headband on 3 and on 4

Jazzbox. Weave

1234	LF cross over RF, RF back, LF to side, RF cross over LF
5678	LF to side, RF cross behind LF, LF to side, RF cross over LF

V- Step

- 1234 LF step diagonal fwd, RF diagonal fwd, LF back, RF close to LF, do a 1/4 turn to left while V-Step
- 5678 LF step diagonal fwd, RF diagonal fwd, LF back, RF close to LF, do a 1/4 turn to left while V-Step

Part B (easy Version)

Jump, Rocking Chair

1234	Do 4 Jumps with Arms you like to celebrate
5678	RF step fwd, LF back on Place, RF back LF fwd on Place
1234	RF step fwd, LF back on Place, RF back LF fwd on Place
5678	RF step fwd, LF back on Place, RF back LF fwd on Place with a 1/4 turn to left

Part B (Jump Version)

Jump, Jumping Rocking Chair

- 1234 Do 4 Jumps with Arms you like to celebrate
- 5678 RF hop fwd and LF Flick behind RF, LF hop back on Place, RF hop back and LF kick, LF hop fwd on Place
- 5678 RF hop fwd and LF Flick behind RF, LF hop back on Place, RF hop back and LF kick, LF hop fwd on Place
- 5678 RF step fwd, LF back on Place, RF back LF back on Place with a 1/4 turn to left

Bridge A A B B TAG A A B B B B Bridge A Tag Tag B B B Metal Hand at the End





Mur: 4